



RACE BOOK

PORTUGAL MTB



TO BE AWESOME

10.11.12.13.14.15.APRIL.2017

UCI S2 EVENT

PORTUGAL MTB TO BE AWESOME

PRESENTATION

PORTUGAL MTB – TO BE AWESOME will have in 2017 its 3rd Edition, year of affirmation and international consolidation, after a 2nd Edition where 19 nationalities have been represented by their best athletes.

PORTUGAL MTB is a unique event in Portugal, with features of few in the world. Makes Portugal enter the world market of MTB events, appearing in the first year as a successful event. For 6 days athletes from all over the world have enjoyed the fantastic tracks that Portugal has to offer.

It was unanimous by athletes world champions, that Portugal has conditions:

- hospitality;
- organization;
- tracks /landscapes;
- Food.

REPORTAJE



PORTUGAL TOUR MTB

¡Menos mal que nos queda Portugal!

El norte de Portugal siempre es una buena zona para poner a prueba la forma física de todo ciclista, en gran parte por su terreno rompepiernas sin descansos. El Portugal Tour MTB también es una buena razón para trabajar en equipo durante seis intensas jornadas de MTB y para disfrutar, en mayor o menor medida, del país vecino. Un país muy cercano pero, en muchos casos, desconocido.

Texto: Pau Zamora Fotos: Portugal Tour MTB



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

VISEU

Viseu it's the only Portuguese district which do not does border nor with the sea neither with Spain. Placed in the country's north - center region its one of the hilliest districts, belonging to it the following saws: Lapa (953 meters), Leomil (1008 meters), Caramulo (1071meters), Gralheira (1116 meters) and Montemuro (1382 meters).

To know this area, nothing better than a tour between the houses, villas and wine cellars of the Dão Wine Route.

Consider the best Portuguese city to live, has a very rich history. With so many motives to visit it, add to richness of the region, the excellence gastronomy, standing out the "Caldo Verde" soup, the veal courses, "Carqueja" rice, lamprey, duck, roast codfish, with "batatas a murro" (potatoes) and the traditional Beira's sausages. The desserts are equally famous, with emphasis for the one's done mostly by eggs.

Get adventurous by the streets, discover alleys and lanes, and find out a market of colors and aromas, lose yourself by the squares and fonts and rest in one of the inviting gardens of the ancient city, mistress of majestic monuments and endless architectural beauties.

TOURIST ATTRACTIONS:

Cava do Viriato | City and Doors Wall | Fontelo | Viseu's Cathedral



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos




PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT




TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

CASTRO DAIRE

The picturesque village of Castro Daire is the county seat, it is geographically located in a top of a hill and its place name comes from an ancient fort that was in the highest part of this place. It is known that here lived due to the appearance of Roman documents.

There were several Roman bridges, including the Small Stone Bridge, demolished in 1877 building to which still has the same name. It is historically proven that Castro Daire was part of royal patronage and later to the House of Infantado. With regard to architectural heritage buildings in the parish show up insignia of an aristocratic past.

The municipality is bordered to the north by the municipalities of Cinfães, Resende, Lamego and Tarouca, east of Vila Nova de Paiva, south of Viseu, southwest of São Pedro do Sul and west by Arouca.

TOURIST ATTRACTIONS:

River beach of Folgosa | Old mines | Craft cooperatives



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

SÃO PEDRO DO SUL

São Pedro do Sul is a city located in full Lafões valley, framed by Arada, Gralheira and S. Macário mountains.

There we found the typical schist villages – Pena village, Fujaco village, Covas do Monte or Covas do Rio village and the most Portuguese village, Manhouce, with the ethnographic traditions, gastronomic and artistic, very likable is the dish Gralheira's young goat.

Known by their thermal properties, explored since the first century of our era, the thermal spa of São Pedro do Sul has a sulphurous water at 68,7°C with verified healing properties. In our days the São Pedro do Sul thermal spa is the most attended of our country and have excellent technical and human resources and magnificent facilities. With many festivities and festivals over the year, stands out the Honey and Chestnut's Fairy. Gastronomically speaking the roast veal is the most famous main course, given the quality of the meat and mastery of seasoning.

TOURIST ATTRACTIONS:

Manhouce Rote | Pena's Village | Thermal Spa



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

VOUZELA

The beautiful village of Vouzela, county seat, stays in the nice region of Beira Alta, in the fertile area of Lafões, enchanted by his natural beauty, patrimony and ancient history. Among all, stand out the amazing landscapes of Mata do Castelo located above 3 kilometers of the village and approximately 520 meters of altitude, considered by many, the most beautiful viewpoint of Beira Alta region.

The Penoita forest represents one of the most natural values and the most interesting place of Vouzela. From the 1070 meters of altitude you can find the highest point of Vouzela village. Called Ventoso hill it's a high value scenery location. Once in Vouzela start a flavors journey and try de dry soup feature of Alcofra and the Lafões's veal.

Finally sweeten your mouth with the delicious Vouzela's cakes. Vouzela was once a deeply agrarian region, which has in the linen, the wicker and the wool one of its subsistence means, and therefore their most famous festivities are the Castle Feast and the Handicraft Fairy of Vouzela.

TOURIST ATTRACTIONS:

Penoita's Tour | Vouzela GeoTour | Paragliding | Ventoso Hill | Lapa de Merujé Dolmen | MTB Center



PORTUGAL MTB TO BE AWESOME

ORGANIZATION

Race Director: André Duarte

President of the College of Commissioners: Mr. Dražen Oreščanin

College of Commissioners composition: João Pedro Costa Arraiolo, Telmo Alexandre Mateus Caramelo, António José Pinto Rocha, Carlos Martins Correia, Miguel da Silva Matos

Participant Relations: Tatiana Coelho, Joaquim Santos

Advertising and Media: Carlos Martins

Head of Feed Zones: Isaura Martins

Head of Start/Finish Line: Tatiana Coelho, Joaquim Santos

Registration's Office: Tatiana Coelho

Head of Logists: Adélio Duarte

Race Accompaniment: Gonçalo Namorado

Photographer: Nelson Almeida

Timing System: STOPandGO

TV Production: STOPandGO

Speaker: Joaquim Amândio Santos

CONTACTS

Telf. Info: +351 96 333 06 48

Telf. SOS: +351 93 810 07 39

Email: geral@portugalmtb.com

www.portugalmtb.com



GOLDNUTRITION®
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos




PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT




TERMAS CENTRO



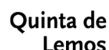
PORTUGAL MTB TO BE AWESOME



PARTICIPANTS LIST

ELITES UCI MEN

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
1A	STEFFEN THUM	Germany	UCI Elite Men	ROSE VAUJANY FUELED BY ULTRASPORTS
1B	REMI LAFFONT	France	UCI Elite Men	ROSE VAUJANY FUELED BY ULTRASPORTS
2A	BART CLASSENS	Netherlands	UCI Elite Men	Mijn Bad-Liv/Giant-Thijshendriks.nl-Bikesight
2B	ROEL VERHOEVEN	Netherlands	UCI Elite Men	Mijn Bad-Liv/Giant-Thijshendriks.nl-Bikesight
3A	JUUL LOON	Netherlands	UCI Elite Men	Bikesight.nl
3B	LOMAS WEFING	United Kingdom	UCI Elite Men	Bikesight.nl
4A	ALYSSON LUCAS	Brazil	UCI Elite Men	FOCUS XC TEAM BRASIL
4B	HALYSSON FERREIRA	Brazil	UCI Elite Men	FOCUS XC TEAM BRASIL
5A	DAVIDE MACHADO	Portugal	UCI Elite Men	Focus Bikes Portugal / Btt Seia
5B	PEDRO MELITÃO	Portugal	UCI Elite Men	Focus Bikes Portugal / Btt Seia
6A	HANS BECKING	Netherlands	UCI Elite Men	CST Sandd American Eagle mtb racing team
6B	JORIS MASSAER	Belgium	UCI Elite Men	CST Sandd American Eagle mtb racing team
7A	DANIEL GATHOF	Germany	UCI Elite Men	AnDa
7B	ANDREAS KLEIBER	Germany	UCI Elite Men	AnDa
8A	RODOLFO LOPES	Portugal	UCI Elite Men	Viseu 2001 / BTT 100 Rumo
8B	SIMÃO SANTOS	Portugal	UCI Elite Men	Viseu 2001 / BTT 100 Rumo
9A	ISRAEL LABARGA	Spain	UCI Elite Men	Gasteiz-Getxo Cycling Joint Venture
9B	ANDER OTAZU	Spain	UCI Elite Men	Gasteiz-Getxo Cycling Joint Venture
10A	JULIEN BÉLY	France	UCI Elite Men	TEAM VENDEE ACV XCM
10B	SÉBASTIEN PELÉ	France	UCI Elite Men	TEAM VENDEE ACV XCM
11A	STIJN BOXSTAELE	Belgium	UCI Elite Men	Team Wilier-Force S-Bikes
11B	JORGEN FLION	Belgium	UCI Elite Men	Team Wilier-Force S-Bikes
12A	SAEYS BRAM	Belgium	UCI Elite Men	Trust / Versluys team
12B	BART HECKE	Belgium	UCI Elite Men	Trust / Versluys team
13A	RICARDO MARINHEIRO	Portugal	UCI Elite Men	MAIATOS/REABNORTE
13B	GONÇALO AMADO	Portugal	UCI Elite Men	MAIATOS/REABNORTE
14A	JAMIN	Belgium	UCI Elite Men	Superbikers #1
14B	MARYNS	Belgium	UCI Elite Men	Superbikers #1
15A	PEDRO CARNEIRO	Portugal	UCI Elite Men	Lamigroup / Casa Benfica Castro Daire
15B	BRUNO DUARTE	Portugal	UCI Elite Men	Lamigroup / Casa Benfica Castro Daire
16A	NUNO COVA	Portugal	UCI Elite Men	Vasconha BTT Vouzela Team Iberia
16B	PEDRO VILLALON	Spain	UCI Elite Men	Vasconha BTT Vouzela Team Iberia
17A	LUÍS MARQUES	Portugal	UCI Elite Men	Ser e Parecer-Batotas
17B	JACINTO FIÚZA	Portugal	UCI Elite Men	Ser e Parecer-Batotas
18A	DAVID RAQUEL	Portugal	UCI Elite Men	BTT Seia/ATXCyclingstore
18B	FÁBIO TOMÁS	Portugal	UCI Elite Men	BTT Seia/ATXCyclingstore
19A	BRUNO ROSA	Portugal	UCI Elite Men	Vasconha BTT Vouzela UCVNF Soniturismo BikeWorld
19B	JOSÉ RODRIGUES	Portugal	UCI Elite Men	Vasconha BTT Vouzela UCVNF Soniturismo BikeWorld
20A	LUÍS CUNHA	Portugal	UCI Elite Men	Vasconha BTT Vouzela Seissa KTM-BikeSeven Matias&Araújo Frulact
20B	JOSÉ DIAS	Portugal	UCI Elite Men	Vasconha BTT Vouzela Seissa KTM-BikeSeven Matias&Araújo Frulact
21A	DENAYER	Belgium	UCI Elite Men	Superbikers #2
21B	MAXIME VANWYNSBERGHE	Belgium	UCI Elite Men	Superbikers #2



PORTUGAL MTB TO BE AWESOME



PARTICIPANTS LIST

ELITES UCI WOMEN

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
400A	CELINA CARPINTEIRO	Portugal	UCI Elite Women	BTT Loulé/BPI/Elevis
400B	CHARLOTTE DAVIES	United Kingdom	UCI Elite Women	BTT Loulé/BPI/Elevis
401A	MAARIS MEIER	Estonia	UCI Elite Women	MTBcamps.eu / Skoda laagri
401B	GREETE STEINBURG	Estonia	UCI Elite Women	MTBcamps.eu / Skoda laagri
402A	SHEILA MARQUES	Portugal	UCI Elite Women	MOZINHO MTB VALE D'ALDEIA MARTOS HMED
402B	RAQUEL SANTOS	Portugal	UCI Elite Women	MOZINHO MTB VALE D'ALDEIA MARTOS HMED



ELITES OPEN

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
500A	HANS VERHOEVEN	Netherlands	Elite Men	Border Bikers
500B	MAARTEN VEEKEN	Netherlands	Elite Men	Border Bikers
501A	FÁBIO ANDRÉ	Portugal	Elite Men	Róódinhas/Santos Silva - TRANSFOR-FATIMABTT
501B	HUGO RIBEIRO	Portugal	Elite Men	Róódinhas/Santos Silva - TRANSFOR-FATIMABTT
503A	EDUARDO ORTIZ	Spain	Elite Men	VALLINA TEAM
503B	ROBERTO GARRIDO	Spain	Elite Men	VALLINA TEAM
504A	JOSE CASTRILLON	Spain	Elite Men	Colloto Force Bikes
504B	AGUSTÍN VIDAS	Spain	Elite Men	Colloto Force Bikes
505A	BRUNO MENDES	Portugal	Elite Men	THE STRANGERES
505B	MARCIO LOURENÇO	Portugal	Elite Men	THE STRANGERES
506A	MANUEL ACEBES	Spain	Elite Men	Zambrus Bike
506B	DANIEL ZAMBRUNO	Spain	Elite Men	Zambrus Bike
507A	MARCELO RIBAFEITA	Portugal	Elite Men	Vasconha BTT Vouzela SEMPRE A 30
507B	FÁBIO CARVALHO	Portugal	Elite Men	Vasconha BTT Vouzela SEMPRE A 30



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



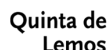
PORTUGAL MTB TO BE AWESOME



PARTICIPANTS LIST

MASTER 30

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
100A	VALÉRIO FERREIRA	Portugal	Master 30	BTTLOULÉ/BPI/ELEVIS-SAERTEX/Edaetech
100B	CARLOS ROCHA	Portugal	Master 30	BTTLOULÉ/BPI/ELEVIS-SAERTEX/Edaetech
101A	STEFFEN SCHAUPP	Germany	Master 30	SZIOLS SPORTSGLASSES / GORE BIKE WEAR
101B	SIMON PFEIFHOFFER	Italy	Master 30	SZIOLS SPORTSGLASSES / GORE BIKE WEAR
102A	JEAN BOSSLER	France	Master 30	Team Velochannel.com
102B	FRÉDÉRIC ISCHARD	France	Master 30	Team Velochannel.com
103A	BRUNO GODINHO	Portugal	Master 30	Casa do Pessoal TE Connectivity
103B	BRUNO MARTINS	Portugal	Master 30	Casa do Pessoal TE Connectivity
104A	AMÍLCAR FERREIRA	Portugal	Master 30	ASC/Focus Team - Vila do Conde
104B	JOSÉ RIBEIRO	Portugal	Master 30	ASC/Focus Team - Vila do Conde
105A	CARLOS BAPTISTA	Portugal	Master 30	Btt Seia/Centro de Pneus Reta do Campo/Btt Quartzo
105B	RUI CASQUINHA	Portugal	Master 30	Btt Seia/Centro de Pneus Reta do Campo/Btt Quartzo
106A	RICARDO MARTINS	Portugal	Master 30	Ser e Parecer Pro Bike Team 2
106B	NUNO SILVA	Portugal	Master 30	Ser e Parecer Pro Bike Team 2
107A	SAMUEL TELES	Portugal	Master 30	ACACB
107B	CARLOS GOMES	Portugal	Master 30	ACACB
108A	ZE NUNO	Portugal	Master 30	DevemSerChineses
108B	MARCELO SILVA	Portugal	Master 30	DevemSerChineses
109A	DAVID COSTA	Portugal	Master 30	TOC
109B	LUÍS SANTOS	Portugal	Master 30	TOC
110A	RICARDO GONÇALVES	Portugal	Master 30	GlobalSport/Pinabike Team
110B	PEDRO GARCIA	Portugal	Master 30	GlobalSport/Pinabike Team
111A	ANTONIO SERNA	Spain	Master 30	GOBIK ARGUM RACING TEAM
111B	ANTONIO CUENCA	Spain	Master 30	GOBIK ARGUM RACING TEAM
112A	NUNO SILVA	Portugal	Master 30	SER E PARECER PRO BIKE TEAM
112B	CARLOS NASCIMENTO	Portugal	Master 30	SER E PARECER PRO BIKE TEAM
113A	OLIVER CUESTA	Spain	Master 30	GOBIK CRONOMANCHA RACING TEAM
113B	JOAQUIN BLANCO	Spain	Master 30	GOBIK CRONOMANCHA RACING TEAM
114A	JOSÉ GOUVEIA	Portugal	Master 30	Ciclocoimbrões/Bikes World
114B	JOSE LEITE	Portugal	Master 30	Ciclocoimbrões/Bikes World
115A	MARCELINO ALMEIDA	Portugal	Master 30	Vélo Club Echallens
115B	DECONINCK BENOÎT	Belgium	Master 30	Vélo Club Echallens
116A	JOÃO HORTA	Portugal	Master 30	teamÓpotencia/RBikes
116B	RENATO GASPAS	Portugal	Master 30	teamÓpotencia/RBikes
117A	DIOGO AMARO	Portugal	Master 30	TRACTORES E TREPADORES
117B	NUNO CONCEIÇÃO	Portugal	Master 30	TRACTORES E TREPADORES
118A	TIAGO FALCÃO	Portugal	Master 30	Furões do Alentejo
118B	NÉLIO PICAIO	Portugal	Master 30	Furões do Alentejo
119A	BRUNO GONÇALVES	Portugal	Master 30	PALCO DA AVENTURA
119B	RUI SISMEIRO	Portugal	Master 30	PALCO DA AVENTURA
120A	HUGO DIAS	Portugal	Master 30	GARBIKE/Marques & Pereira
120B	ALEXANDRE GUILHOTO	Portugal	Master 30	GARBIKE/Marques & Pereira



PORTUGAL MTB TO BE AWESOME



PARTICIPANTS LIST

MASTER 30

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
121A	FILIPE TOMÁS	Portugal	Master 30	ASC Focus Team Bikezone
121B	PEDRO NOGUEIRA	Portugal	Master 30	ASC Focus Team Bikezone
122A	BORJA	Spain	Master 30	CC DUAS RODAS
122B	JOSE GONZALEZ	Spain	Master 30	CC DUAS RODAS
123A	JOEL GRAÇA	Portugal	Master 30	Templários BTT/Ultra Pedal
123B	TIAGO GOMES	Portugal	Master 30	Templários BTT/Ultra Pedal
124A	NUNO GASPAR	Portugal	Master 30	Team Arroz de Trombas / Bike Planet
124B	PAULO SANTOS	Portugal	Master 30	Team Arroz de Trombas / Bike Planet
125A	PAULO GONCALVES	Portugal	Master 30	sebamed bike team / Team-Wein
125B	TOBIAS FLATH	Germany	Master 30	sebamed bike team / Team-Wein
126A	LUCAS LAGE	Spain	Master 30	Raid Gallaecia Expedition Race 2017
126B	ENRIQUE RAMOS	Spain	Master 30	Raid Gallaecia Expedition Race 2017
127A	MICHEL MACHADO	Portugal	Master 30	Vasconha BTT Vouzela Centro de BTT de Vouzela
127B	TIAGO CLAMOTE	Portugal	Master 30	Vasconha BTT Vouzela Centro de BTT de Vouzela



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME



PARTICIPANTS LIST

MASTER 40

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
200A	VITOR GAMITO	Portugal	Master 40	GoldNutrition/Scott
200B	JOSÉ ROSA	Portugal	Master 40	GoldNutrition/Scott
201A	RINO VANDOUSSELAERE	Belgium	Master 40	ATOM6
201B	STEVE JANS	Belgium	Master 40	ATOM6
202A	RUI MARTINS	Portugal	Master 40	Bike Planet \ Team Arroz de Trombas
202B	FILIPE JESUS	Portugal	Master 40	Bike Planet \ Team Arroz de Trombas
203A	JACK WOUTERS	Netherlands	Master 40	Boals Bike Team
203B	PATRICK	Netherlands	Master 40	Boals Bike Team
204A	GONÇALO SILVESTRE	Portugal	Master 40	Bufaexpress MTB Team
204B	JOÃO COSTA	Portugal	Master 40	Bufaexpress MTB Team
205A	TOINE GOVERS	Netherlands	Master 40	MTB Team 't Zand 1
205B	TOINE GROOTEL	Netherlands	Master 40	MTB Team 't Zand 1
206A	MARTIN AUGUSTINUSSEN	Denmark	Master 40	Pingel Dk
206B	BO HANSEN	Denmark	Master 40	Pingel Dk
207A	BJARNE LARSEN	Denmark	Master 40	Pingel MTB Race & Fun
207B	LARS JØRGENSEN	Denmark	Master 40	Pingel MTB Race & Fun
208A	DAVID MARQUES	Portugal	Master 40	REYNAERS / PORTELA BIKE
208B	LEONEL ALVES	Portugal	Master 40	REYNAERS / PORTELA BIKE
209A	ERWIN AARTS	Netherlands	Master 40	Team Schaijk
209B	THIJS TOONEN	Netherlands	Master 40	Team Schaijk
210A	GOMES	France	Master 40	Team VTT Gevrey 1
210B	CHEVILLON	France	Master 40	Team VTT Gevrey 1
211A	LUIS GIL	Portugal	Master 40	Templários BTT/Ultrapedal
211B	VITOR CAMPOS	Portugal	Master 40	Templários BTT/Ultrapedal
212A	DANIEL FERNANDEZ	Spain	Master 40	GORFOLI - MRW AVILÉS
212B	JOSE MANUEL	Spain	Master 40	GORFOLI - MRW AVILÉS
213A	CARLOS MOURA	Portugal	Master 40	ROMPE TRILHOS / APCAR
213B	ANTÓNIO PASSOS	Portugal	Master 40	ROMPE TRILHOS / APCAR
214A	NUNO NOGUEIRA	Portugal	Master 40	G.D.C.T. REPSOL Polímeros/LMS/STAHL
214B	NELSON GUIA	Portugal	Master 40	G.D.C.T. REPSOL Polímeros/LMS/STAHL
215A	MANUEL LINARES	Spain	Master 40	CC Veleño
215B	FRANCISCO SANCHEZ	Spain	Master 40	CC Veleño
216A	EDUARDO GARCIA	Spain	Master 40	AMACHETE BIKETOWN
216B	JAVIER TORRES	Spain	Master 40	AMACHETE BIKETOWN
217A	JOSÉ DIÉGUEZ	Spain	Master 40	CLUBE CICLISTA DUAS RODAS Blanco e JA
217B	JOSÉ BLANCO	Spain	Master 40	CLUBE CICLISTA DUAS RODAS Blanco e JA
218A	XOSE AMBROSIO	Spain	Master 40	cc antelano - cc duas rodas
218B	JOSÉ ANTONIO	Spain	Master 40	cc antelano - cc duas rodas
219A	CARLOS SANTOS	Portugal	Master 40	Vasconha BTT Vouzela RODOSPORT LSMotorsport
219B	FERNANDO GOUVEIA	Portugal	Master 40	Vasconha BTT Vouzela RODOSPORT LSMotorsport



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME



PARTICIPANTS LIST

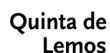
MASTER 50

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
300A	JAN OOMEN	Netherlands	Master 50	MTB Team 't Zand
300B	FRANK KNEVELS	Netherlands	Master 50	MTB Team 't Zand



MIXED TEAMS

NUMBER	NAME	COUNTRY	CATEGORY	TEAM
601A	MARIA BATALLA	Spain	Mixed	ALWAYS ON
601B	TONI SALA	Spain	Mixed	ALWAYS ON
602A	PILAR VILLADEAMIGO	Spain	Mixed	Uniformes Murcia / C.C.Ponte Otra
602B	FELIX	Spain	Mixed	Uniformes Murcia / C.C.Ponte Otra
603A	JORDAN SÉVERINE	France	Mixed	Team VTT Gevrey 2
603B	RADREAUX FRANÇOIS	France	Mixed	Team VTT Gevrey 2
604A	CORALIE REDELSPERGER	France	Mixed	Giromagny VTT - VELOVERT
604B	DAVID CONTANT	France	Mixed	Giromagny VTT - VELOVERT
605A	ANDREIA FREITAS	Portugal	Mixed	TOC TEAM BTT / BTT LOULÉ/BPI/ELEVIS
605B	JOSÉ GOMES	Portugal	Mixed	TOC TEAM BTT / BTT LOULÉ/BPI/ELEVIS
606A	EVA BELTRAN	Spain	Mixed	Ibero- Pelayo Team
606B	ANTÓNIO FIGUEIREDO	Portugal	Mixed	Ibero- Pelayo Team
607A	IAGO CARRERA	Spain	Mixed	Bici Verde-anca
607B	SILVIA IGLESÍAS	Spain	Mixed	Bici Verde-anca
608A	ISABEL MARÍN	Spain	Mixed	team Gonzalo los Caris
608B	JOSE OLMDEO	Spain	Mixed	team Gonzalo los Caris
609A	THRUDE NATHOLMEN	Norway	Mixed	Team Sandefjord - Frøy
609B	SIGMUND AAS	Norway	Mixed	Team Sandefjord - Frøy
610A	PEDRO CARVALHO	Portugal	Mixed	Evocycle Bikezone Leiria
610B	NADIA MENDES	Portugal	Mixed	Evocycle Bikezone Leiria
611A	ANA GARCÍA	Spain	Mixed	CLUBE CICLISTA DUAS RODAS
611B	FRANCISCO ESTEVEZ	Spain	Mixed	CLUBE CICLISTA DUAS RODAS
612A	FLAVIA LOPES	Portugal	Mixed	Vasconha BTT Vouzela Pernalonga SANTA CRUZ Bicycles
612B	JORGE DIAS	Portugal	Mixed	Vasconha BTT Vouzela Pernalonga SANTA CRUZ Bicycles



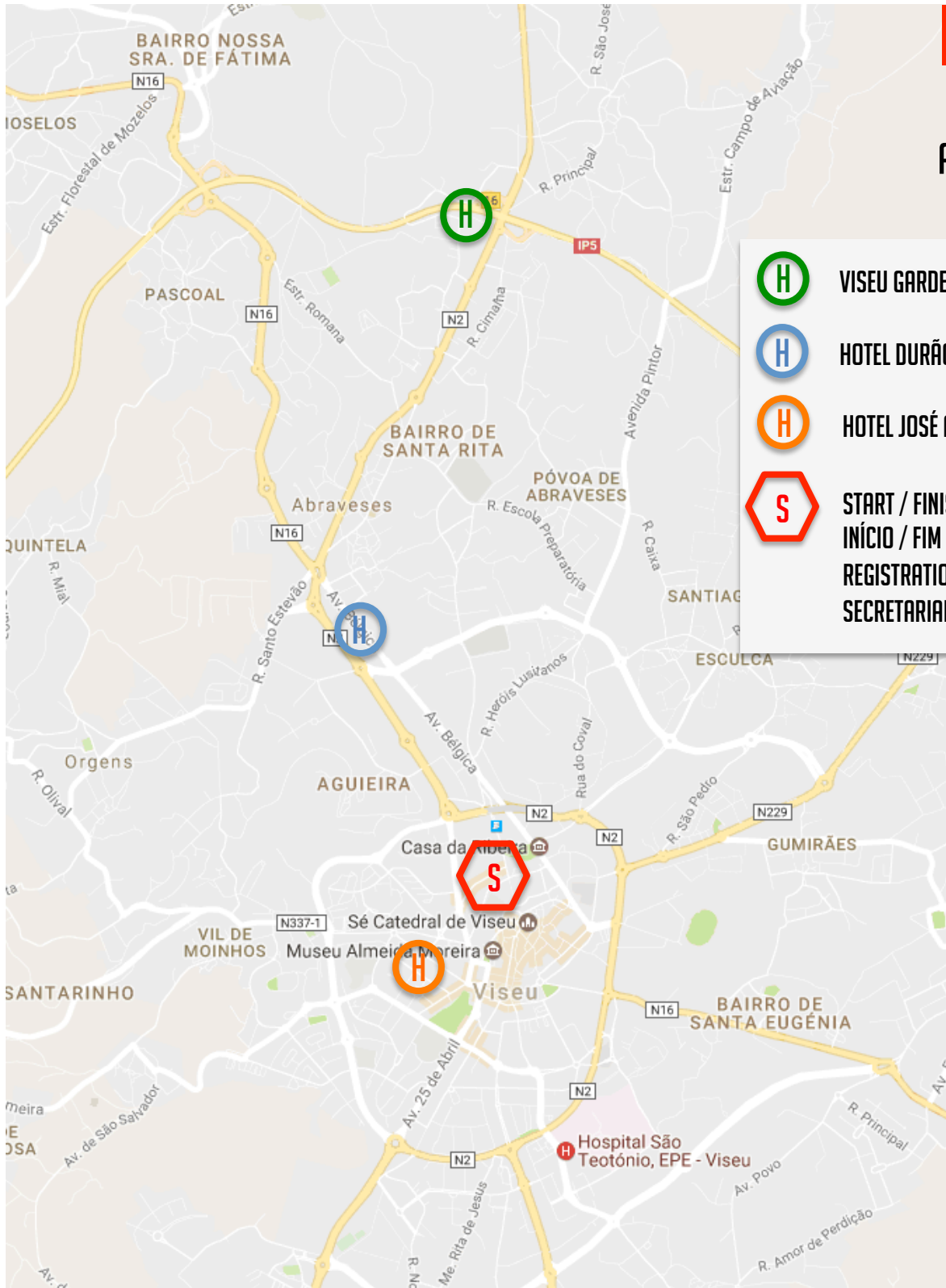
PORTUGAL MTB TO BE AWESOME



PROLOGUE



UISEU
APRIL 10TH

PORTUGAL MTB TO BE AWESOME



PROLOGUE

UISEU
APRIL 10TH

-  **UISEU GARDEN HOTEL**
-  **HOTEL DURÃO**
-  **HOTEL JOSÉ ALBERTO**
-  **START / FINISH**
INÍCIO / FIM
REGISTRATIONS OFFICE
SECRETARIADO

PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

REGISTRATION OFFICE

APRIL 10TH 2017

SCHEDULE: 10H00 to 13H00

LOCATION: PAVILHÃO MULTIUSOS DE VISEU

Rua Padre Costa

GPS: 40°39'50.32"N | 7°54'50.41"W

PROGRAM

- 10H00 – Registration's Office opening
- 13H00 – Registration's Office Foreclosure
- 13H30 – Teams Reunion (Same place as Registration's Office)
- 15H00 – Opening of the track for recognition
- 16H00 – Prologue Start
- 17H00 – BIKE PARK Opening
- 18H00 – Estimated time for the end of prologue
- 18H30 – Podium
- 19H30 – Teams Reunion (Same place as Registration's Office)
- 22H00 – BIKE PARK Foreclosure

LOCATIONS

TEAMS REUNION: PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

START/FINISH: PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

BIKE PARK: PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

WASHING BIKES: PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

NEWS ROOM: PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

BATHS: BALNEÁRIOS FONTELO - GPS: 40°39'39.85"N / 7°54'4.48"W



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos




PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT




TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

HOTELS

HOTEL JOSÉ ALBERTO

R. Cândido dos Reis 42, 3510-057 Viseu

Tel +351 232 440 440

www.hotelvis.pt

Email: geral@hotelvis.pt

GPS: 40°39'28.27"N / 7°55'7.46"W

HOTEL DURÃO

Av. Bélgica 203, 3510-159 Viseu

Tel +351 232 410 460

www.hoteldurao.pt

Email: ruidurão@hoteldurao.com

GPS: 40°40'23.60"N / 7°55'16.68"W

HOTEL VISEU GARDEN

Vermum - Campo, 3510-469 Viseu

Tel +351 232 430 050

www.viseugardenhotel.com

Email: geral@viseugardenhotel.com

GPS: 40°41'32.18"N / 7°54'59.25"W



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de
Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

RESTAURANT SUGGESTIONS

VINTAGE

R. Miguel Bombarda, 76, 3510-088 Viseu
Phone +351 232 414 323
Type: Tradicional Hamburger
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 7,5 € - 12,5 €
GPS: 40°39'23.81"N / 7°54'55.89"W

AZUCAR MEXICANO

R. Paz, 3500 Viseu
Phone +351 910 932 466
Type: Mexican Restaurant
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 9 € - 12 €
GPS: 40°39'24.96"N / 7°54'45.68"W

TABERNA DA MILINHA

R. Nunes de carvalho, 1, 3500 Viseu
Phone +351 969 700 056
Type: Portuguese Cuisine
Timetable: 12:00 - 14:30, 19:30 - 22H00
Average price per person: 15 € - 20 €
GPS: 40°39'33.11"N / 7°54'46.97"W

MESA DA SÉ

R. Grão Vasco, 29, 3500-138 Viseu
Phone +351 232 425 205
Type: Portuguese Cuisine
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 15 € - 20 €
GPS: 40°39'34.54"N / 7°54'43.92"W

RESTAURANTE MARISQUEIRA CASA BLANCA

Av. Emídio Navarro, 70, 3500-124 Viseu
Phone +351 232 422 239
Type: Portuguese Cuisine and Seafood
Timetable: 12:00 - 15:00, 19:00 - 00H00
Average price per person: 15 € - — €
GPS: 40°39'43.84"N / 7°54'33.77"W

PALÁCIO DO GELO SHOPPING

R. Nunes de carvalho, 1, 3500 Viseu
Phone +351 969 700 056
Type: Shopping Center
Timetable: 10H00 - 23H00
WEBSITE: www.palaciodogelo.pt
GPS: 40°38'37.48"N / 7°54'40.54 »W



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

RESTAURANT SUGGESTIONS

SHENG LI

R. Travessa da Balsa, 15, 3510-051 Viseu
Phone +351 232 415 121
Type: Chinese and Japanese Restaurant
Timetable: 12:00 - 14:30, 19:00 - 22H30
Closed at Monday
WEBSITE: www.shengli.pt/
GPS: 40°39'23.81"N / 7°54'55.89"W

MAMMA ISA BY CACIMBO

Travessa das Pedras Alçadas, Lote 2, Loja B, 3500-156 Viseu
Phone +351 232 399 993
Type: Italian Restaurant
Timetable: 12:00 - 15:00, 19:00 - 23H00
WEBSITE: www.mammaisa.pt/
Closed at Monday
GPS: 40°39'11.90"N / 7°54'49.48"W

FORUM VISEU

R. Dom José da Cruz Moreira Pinto, 32, 3510-078 Viseu
Phone +351 232 439 600
Type: Shopping Center
Timetable: 10H00 - 23H00
WEBSITE: www.forumviseu.net/
GPS: 40°39'42.29"N / 7°54'51.89"W

A FÁBRICA - RESTAURANTE BAR

Av. Da Europa, 3515-145 Viseu
Phone +351 232 414 027
Type: Restaurant - Bar
Timetable: 10H00 - 01H30
Average price per person: 7 € - 15 €
GPS: 40°40'16.34"N / 7°55'24.87"W



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

The teams are responsible for they start schedule and to be nearby to the start area 5 minutes before the estimated time to the start. If the team do not start on time, the team will have to wait for the order of Commissioner's team to start.

The stage time will start counting from departure time already set.

The teams will start one by one. The Open Categories will be separated by 30 seconds and the UCI categories will be separated by 1 minute, between teams.

The access to the start line can't be made by car because of the traffic blockades.

BIKE PARK

The organization will only receive the bicycles delivered on the Official Bike Park. Bicycles that are "stored" in the hotels will not be controlled by the organization.

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team. The displacement from the finish line to the hotel is the responsibility of the athlete/team.

CLIMBING

PORTUGAL MTB
TO BE AWESOME 

7 KM
DISTANCE
106 M
CLIMBING



10 APRIL > PROLOGUE VISEU

PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

START SCHEDULE

MIXED | MISTAS

612B	JORGE DIAS	Portugal	Vasconha BTT Vouzela Pernalonga SANTA CRUZ Bicycles	16:00:00
612A	FLAVIA LOPES	Portugal		
611B	FRANCISCO ESTEVEZ	Spain	CLUBE CICLISTA DUAS RODAS	16:00:30
611A	ANA GARCIA	Spain		
610B	NADIA MENDES	Portugal	Evocycle Bikezone Leiria	16:01:00
610A	PEDRO CARVALHO	Portugal		
609B	SIGMUND AAS	Norway	Team Sandefjord - Frøy	16:01:30
609A	THRUDE NATHOLMEN	Norway		
608B	JOSE OLMDEO	Spain	team Gonzalo los Caris	16:02:00
608A	ISABEL MARÍN	Spain		
607B	SILVIA IGLESIAS	Spain	Bici Verde-anca	16:02:30
607A	IAGO CARRERA	Spain		
606B	ANTÓNIO FIGUEIREDO	Portugal	Ibero- Pelayo Team	16:03:00
606A	EVA BELTRAN	Spain		
605B	JOSÉ GOMES	Portugal	TOC TEAM BTT / BTT LOULÉ/BPI/ELEVIS	16:03:30
605A	ANDREIA FREITAS	Portugal		
604B	DAVID CONTANT	France	Giromagny VTT - VELOVERT	16:04:00
604A	CORALIE REDELSPERGER	France		
603B	RADREAUX FRANÇOIS	France	Team VTT Gevrey 2	16:04:30
603A	JORDAN SÉVERINE	France		
602B	FELIX	Spain	Uniformes Murcia / C.C.Ponte Otra	16:05:00
602A	PILAR VILLADEAMIGO	Spain		
601B	TONI SALA	Spain	ALWAYS ON	16:05:30
601A	MARIA BATALLA	Spain		
MASTER 50				
300A	JAN OOMEN	Netherlands	MTB Team 't Zand	16:07:00
300B	FRANK KNEVELS	Netherlands		



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

START SCHEDULE

MASTER 40

219B	FERNANDO GOUVEIA	Portugal	Vasconha BTT Vouzela RODOSPORT LSMotorsport	16:10:00
219A	CARLOS SANTOS	Portugal		
218B	JOSÉ ANTONIO	Spain	cc antelano - cc duas rodas	16:10:30
218A	XOSE AMBROSIO	Spain		
217B	JOSÉ BLANCO	Spain	CLUBE CICLISTA DUAS RODAS Blanco e JA	16:11:00
217A	JOSÉ DIÉGUEZ	Spain		
216B	JAVIER TORRES	Spain	AMACHETE BIKETOWN	16:11:30
216A	EDUARDO GARCIA	Spain		
215B	FRANCISCO SANCHEZ	Spain	CC Veleño	16:12:00
215A	MANUEL LINARES	Spain		
214B	NELSON GUIA	Portugal	G.D.C.T. REPSOL Polímeros/LMS/STAHL	16:12:30
214A	NUNO NOGUEIRA	Portugal		
213B	ANTÓNIO PASSOS	Portugal	ROMPE TRILHOS / APCAR	16:13:00
213A	CARLOS MOURA	Portugal		
212B	JOSE MANUEL	Spain	GORFOLI - MRW AVILÉS	16:13:30
212A	DANIEL FERNANDEZ	Spain		
211B	VITOR CAMPOS	Portugal	Templários BTT/Ultrapedal	16:14:00
211A	LUIS GIL	Portugal		
210B	CHEVILLON	France	Team VTT Gevrey 1	16:14:30
210A	GOMES	France		
209B	THIJS TOONEN	Netherlands	Team Schaijk	16:15:00
209A	ERWIN AARTS	Netherlands		
208B	LEONEL ALVES	Portugal	REYNAERS / PORTELA BIKE	16:15:30
208A	DAVID MARQUES	Portugal		
207B	LARS JØRGENSEN	Denmark	Pingel MTB Race & Fun	16:16:00
207A	BJARNE LARSEN	Denmark		
206B	BO HANSEN	Denmark	Pingel Dk	16:16:30
206A	MARTIN AUGUSTINUSSEN	Denmark		
205B	TOINE GROOTEL	Netherlands	MTB Team 't Zand 1	16:17:00
205A	TOINE GOVERS	Netherlands		
204B	JOÃO COSTA	Portugal	Bufaexpress MTB Team	16:17:30
204A	GONÇALO SILVESTRE	Portugal		
203B	PATRICK	Netherlands	Boals Bike Team	16:18:00
203A	JACK WOUTERS	Netherlands		
202B	FILIFE JESUS	Portugal	Bike Planet \ Team Arroz de Trombas	16:18:30
202A	RUI MARTINS	Portugal		
201B	STEVE JANS	Belgium	ATOM6	16:19:00
201A	RINO VANDOUSSELAERE	Belgium		
200B	JOSÉ ROSA	Portugal	GoldNutrition/Scott	16:19:30
200A	VITOR GAMITO	Portugal		



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

START SCHEDULE

MASTER 30

127B	TIAGO CLAMOTE	Portugal	Vasconha BTT Vouzela Centro de BTT de Vouzela	16:21:00
127A	MICHEL MACHADO	Portugal	Vasconha BTT Vouzela Centro de BTT de Vouzela	
126B	ENRIQUE RAMOS	Spain	Raid Gallaecia Expedition Race 2017	16:21:30
126A	LUCAS LAGE	Spain	Raid Gallaecia Expedition Race 2017	
125B	TOBIAS FLATH	Germany	sebamed bike team / Team-Wein	16:22:00
125A	PAULO GONCALVES	Portugal	sebamed bike team / Team-Wein	
124B	PAULO SANTOS	Portugal	Team Arroz de Trombas / Bike Planet	16:22:30
124A	NUNO GASPAR	Portugal	Team Arroz de Trombas / Bike Planet	
123B	TIAGO GOMES	Portugal	Templários BTT/Ultra Pedal	16:23:00
123A	JOEL GRAÇA	Portugal	Templários BTT/Ultra Pedal	
122B	JOSE GONZALEZ	Spain	CC DUAS RODAS	16:23:30
122A	BORJA	Spain	CC DUAS RODAS	
121B	PEDRO NOGUEIRA	Portugal	ASC Focus Team Bikezone	16:24:00
121A	FILIPE TOMÁS	Portugal	ASC Focus Team Bikezone	
120B	ALEXANDRE GUILHOTO	Portugal	GARBIKE/Marques & Pereira	16:24:30
120A	HUGO DIAS	Portugal	GARBIKE/Marques & Pereira	
119B	RUI SISMEIRO	Portugal	PALCO DA AVENTURA	16:25:00
119A	BRUNO GONÇALVES	Portugal	PALCO DA AVENTURA	
118B	NÉLIO PICAIO	Portugal	Furões do Alentejo	16:25:30
118A	TIAGO FALCÃO	Portugal	Furões do Alentejo	
117B	NUNO CONCEIÇÃO	Portugal	TRACTORES E TREPADORES	16:26:00
117A	DIOGO AMARO	Portugal	TRACTORES E TREPADORES	
116B	RENATO GASPAR	Portugal	teamÓpotencia/RBikes	16:26:30
116A	JOÃO HORTA	Portugal	teamÓpotencia/RBikes	
115B	DECONINCK BENOÎT	Belgium	Vélo Club Echallens	16:27:00
115A	MARCELINO ALMEIDA	Portugal	Vélo Club Echallens	
114B	JOSE LEITE	Portugal	Ciclocoimbrões/Bikes World	16:27:30
114A	JOSÉ GOUVEIA	Portugal	Ciclocoimbrões/Bikes World	
113B	JOAQUIN BLANCO	Spain	GOBIK CRONOMANCHA RACING TEAM	16:28:00
113A	OLIVER CUESTA	Spain	GOBIK CRONOMANCHA RACING TEAM	
112B	CARLOS NASCIMENTO	Portugal	SER E PARECER PRO BIKE TEAM	16:28:30
112A	NUNO SILVA	Portugal	SER E PARECER PRO BIKE TEAM	
111B	ANTONIO CUENCA	Spain	GOBIK ARGUM RACING TEAM	16:29:00
111A	ANTONIO SERNA	Spain	GOBIK ARGUM RACING TEAM	
110B	PEDRO GARCIA	Portugal	GlobalSport/Pinabike Team	16:29:30
110A	RICARDO GONÇALVES	Portugal	GlobalSport/Pinabike Team	
109B	LUÍS SANTOS	Portugal	TOC	16:30:00
109A	DAVID COSTA	Portugal	TOC	
108B	MARCELO SILVA	Portugal	DevemSerChineses	16:30:30
108A	ZE NUNO	Portugal	DevemSerChineses	



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

START SCHEDULE

MASTER 30

107B	CARLOS GOMES	Portugal	ACACB	16:31:00
107A	SAMUEL TELES	Portugal	ACACB	
106B	NUNO SILVA	Portugal	Ser e Parecer Pro Bike Team 2	16:31:30
106A	RICARDO MARTINS	Portugal	Ser e Parecer Pro Bike Team 2	
105B	RUI CASQUINHA	Portugal	Btt Seia/Centro de Pneus Reta do Campo/Btt Quartzo	16:32:00
105A	CARLOS BAPTISTA	Portugal	Btt Seia/Centro de Pneus Reta do Campo/Btt Quartzo	
104B	JOSÉ RIBEIRO	Portugal	ASC/Focus Team - Vila do Conde	16:32:30
104A	AMÍLCAR FERREIRA	Portugal	ASC/Focus Team - Vila do Conde	
103B	BRUNO MARTINS	Portugal	Casa do Pessoal TE Connectivity	16:33:00
103A	BRUNO GODINHO	Portugal	Casa do Pessoal TE Connectivity	
102B	FRÉDÉRIC ISCHARD	France	Team Velochannel.com	16:33:30
102A	JEAN BOSSLER	France	Team Velochannel.com	
101B	SIMON PFEIFHOFER	Italy	SZIOLS SPORTSGLASSES / GORE BIKE WEAR	16:34:00
101A	STEFFEN SCHAUPP	Germany	SZIOLS SPORTSGLASSES / GORE BIKE WEAR	
100B	CARLOS ROCHA	Portugal	BTTLOULÉ/BPI/ELEVIS-SAERTEX/Edaetech	16:34:30
100A	VALÉRIO FERREIRA	Portugal	BTTLOULÉ/BPI/ELEVIS-SAERTEX/Edaetech	

ELITE OPEN

507B	FÁBIO CARVALHO	Portugal	Vasconha BTT Vouzela SEMPRE A 30	16:37:00
507A	MARCELO RIBAFEITA	Portugal	Vasconha BTT Vouzela SEMPRE A 30	
506B	DANIEL ZAMBRUNO	Spain	Zambrus Bike	16:37:30
506A	MANUEL ACEBES	Spain	Zambrus Bike	
505B	MARCIO LOURENÇO	Portugal	THE STRANGERES	16:38:00
505A	BRUNO MENDES	Portugal	THE STRANGERES	
504B	AGUSTÍN VIDAS	Spain	Colloto Force Bikes	16:38:30
504A	JOSE CASTRILLON	Spain	Colloto Force Bikes	
503B	ROBERTO GARRIDO	Spain	VALLINA TEAM	16:39:00
503A	EDUARDO ORTIZ	Spain	VALLINA TEAM	
501B	HUGO RIBEIRO	Portugal	Róódinhas/Santos Silva - TRANSFOR-FATIMABTT	16:39:30
501A	FÁBIO ANDRÉ	Portugal	Róódinhas/Santos Silva - TRANSFOR-FATIMABTT	
500B	MAARTEN VEEKEN	Netherlands	Border Bikers	16:40:00
500A	HANS VERHOEVEN	Netherlands	Border Bikers	



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

START SCHEDULE

ELITE UCI WOMEN

402B	RAQUEL SANTOS	Portugal	MOZINHO MTB VALE D'ALDEIA MARTOS HMED	16:47:00
402A	SHEILA MARQUES	Portugal	MOZINHO MTB VALE D'ALDEIA MARTOS HMED	
401B	GREETE STEINBURG	Estonia	MTBcamps.eu / Skoda laagri	16:48:00
401A	MAARIS MEIER	Estonia	MTBcamps.eu / Skoda laagri	
400B	CHARLOTTE DAVIES	United Kingdom	BTT Loulé/BPI/Elevis	16:49:00
400A	CELINA CARPINTEIRO	Portugal	BTT Loulé/BPI/Elevis	

ELITE UCI MEN

21B	MAXIME VANWYNSBERGHE	Belgium	Superbikers #2	16:53:00
21A	DENAYER	Belgium	Superbikers #2	
20B	JOSÉ DIAS	Portugal	Vasconha BTT Vouzela Seissa KTM-BikeSeven Matias&Araújo Frulact	16:54:00
20A	LUÍS CUNHA	Portugal	Vasconha BTT Vouzela Seissa KTM-BikeSeven Matias&Araújo Frulact	
19B	JOSÉ RODRIGUES	Portugal	Vasconha BTT Vouzela UCVNF Soniturismo BikeWorld	16:55:00
19A	BRUNO ROSA	Portugal	Vasconha BTT Vouzela UCVNF Soniturismo BikeWorld	
18B	FÁBIO TOMÁS	Portugal	BTT Seia/ATXCyclingstore	16:56:00
18A	DAVID RAQUEL	Portugal	BTT Seia/ATXCyclingstore	
17B	JACINTO FIÚZA	Portugal	Ser e Parecer-Batotas	16:57:00
17A	LUÍS MARQUES	Portugal	Ser e Parecer-Batotas	
16B	PEDRO VILLALON	Spain	Vasconha BTT Vouzela Team Iberia	16:58:00
16A	NUNO COVA	Portugal	Vasconha BTT Vouzela Team Iberia	
15B	BRUNO DUARTE	Portugal	Lamigroup / Casa Benfica Castro Daire	16:59:00
15A	PEDRO CARNEIRO	Portugal	Lamigroup / Casa Benfica Castro Daire	
14B	MARYNS	Belgium	Superbikers #1	17:00:00
14A	JAMIN	Belgium	Superbikers #1	
13B	GONÇALO AMADO	Portugal	MAIATOS/REABNORTE	17:01:00
13A	RICARDO MARINHEIRO	Portugal	MAIATOS/REABNORTE	
12B	BART HECKE	Belgium	Trust / Versluys team	17:02:00
12A	SAEYS BRAM	Belgium	Trust / Versluys team	
11B	JORGEN FLION	Belgium	Team Wilier-Force S-Bikes	17:03:00
11A	STIJN BOXSTAELE	Belgium	Team Wilier-Force S-Bikes	



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

PROLOGUE | VISEU | APRIL'S 10TH 2017

START SCHEDULE

ELITE UCI MEN

10B	SÉBASTIEN PELÉ	France	TEAM VENDEE ACV XCM	17:04:00
10A	JULIEN BÉLY	France	TEAM VENDEE ACV XCM	
9B	ANDER OTAZU	Spain	Gasteiz-Getxo Cycling Joint Venture	17:05:00
9A	ISRAEL LABARGA	Spain	Gasteiz-Getxo Cycling Joint Venture	
8B	SIMÃO SANTOS	Portugal	Viseu 2001 / BTT 100 Rumo	17:06:00
8A	RODOLFO LOPES	Portugal	Viseu 2001 / BTT 100 Rumo	
7B	ANDREAS KLEIBER	Germany	AnDa	17:07:00
7A	DANIEL GATHOF	Germany	AnDa	
6B	JORIS MASSAER	Belgium	CST Sandd American Eagle mtb racing team	17:08:00
6A	HANS BECKING	Netherlands	CST Sandd American Eagle mtb racing team	
5B	PEDRO MELITÃO	Portugal	Focus Bikes Portugal / Btt Seia	17:09:00
5A	DAVIDE MACHADO	Portugal	Focus Bikes Portugal / Btt Seia	
4B	HALYSSON FERREIRA	Brazil	FOCUS XC TEAM BRASIL	17:10:00
4A	ALYSSON LUCAS	Brazil	FOCUS XC TEAM BRASIL	
3B	LOMAS WEFING	United Kingdom	Bikesight.nl	17:11:00
3A	JUUL LOON	Netherlands	Bikesight.nl	
2B	ROEL VERHOEVEN	Netherlands	Mijn Bad-Liv/Giant-Thijshendriks.nl-Bikesight	17:12:00
2A	BART CLASSENS	Netherlands	Mijn Bad-Liv/Giant-Thijshendriks.nl-Bikesight	
1B	REMI LAFFONT	France	ROSE VAUJANY FUELED BY ULTRASPORTS	17:13:00
1A	STEFFEN THUM	Germany	ROSE VAUJANY FUELED BY ULTRASPORTS	



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



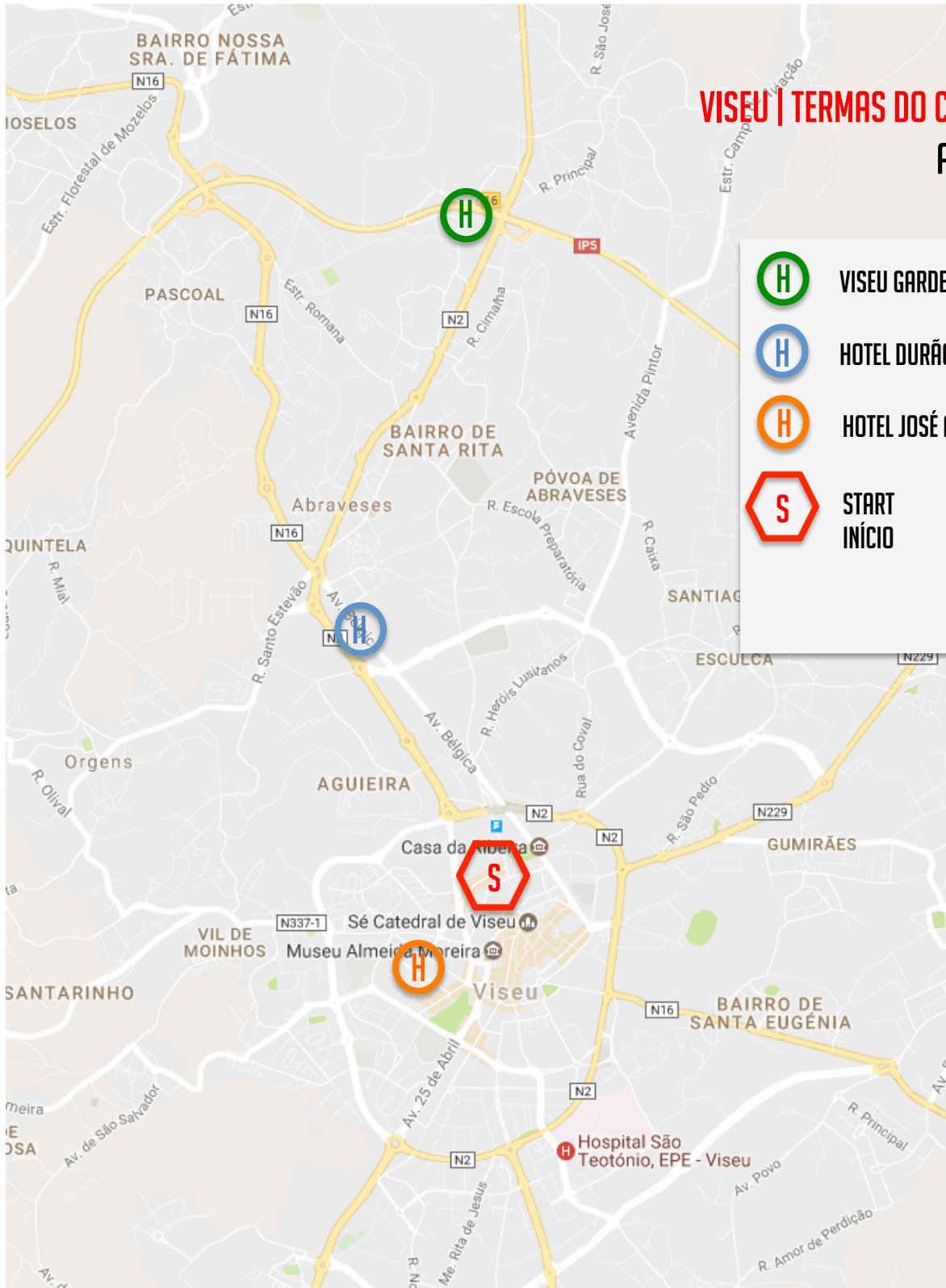
PORTUGAL MTB TO BE AWESOME



STAGE 1



UISEU | TERMAS DO CARVALHAL
APRIL'S 11TH

PORTUGAL MTB TO BE AWESOME



STAGE 1

UIE | TERMAS DO CARVALHAL APRIL'S 11TH

-  VISEU GARDEN HOTEL
-  HOTEL DURÃO
-  HOTEL JOSÉ ALBERTO
-  START INÍCIO

PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017

BOXES

BOX 1 - JERSEY LIDERS
BOX 2 - ELITES UCI MEN
BOX 3 - ELITES UCI WOMEN
BOX 4 - ELITE OPEN / MASTER 30
BOX 5 - MASTER 40 / 50 / MIXED

PROGRAM

7H00 - BIKE PARK Opening
8H30 - Boxes Opening
9H00 - Stage 1 Start
12H50 - Estimated time for the arrival of the first finisher
13H00 - BIKE PARK Opening (Hotel Palace Asturias)
14H00 - Massage Service Opening (Hotel Palace Asturias)
19H00 - Teams Reunion (Hotel Palace Asturias)
20H00 - Dinner (Hotel Palace Asturias)
22H00 - BIKE PARK Foreclosure
23H00 - Massage Service Foreclosure

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of that category.

LOCATIONS

START: PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

TEAMS REUNION | DINNER | BIKE PARK | WASHING BIKES | NEWS ROOM | MASSAGE | MECHANICAL ASSISTENCE:

PALACE HOTEL ASTURIAS

Lugar das Termas do Carvalhal, 3600-398 Mamouras

GPS: 40°51'8.35"N / 7°56'6.49"W

FINISH LINE: PALACE HOTEL ASTURIAS | GPS: 40°51'8.35"N / 7°56'6.49"W



Quinta de
Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017

HOTEL

PALACE HOTEL ASTURIAS

Lugar das Termas do Carvalhal, 3600-398 Mamouras

Tel +351 232 381 154

www.hotelasturias.pt

Email: geral@hotelasturias.pt

GPS: 40°51'8.35"N / 7°56'6.49"W



Termas do Carvalhal – Portugal

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.

The displacement from the finish line to the hotel is the responsibility of the athlete/team.

BAGS

VISEU – START – The organization ensures the transport of bags that are placed in the following location (BIKE PARK): PAVILHÃO MULTIUSOS - GPS: 40°39'50.32"N | 7°54'50.41"W

TERMAS DO CARVALHAL – FINISH LINE – The organization ensures the transport of the bags to the Hotel. For those which haven't Hotel reservations will have their bags next to the finish line.



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO

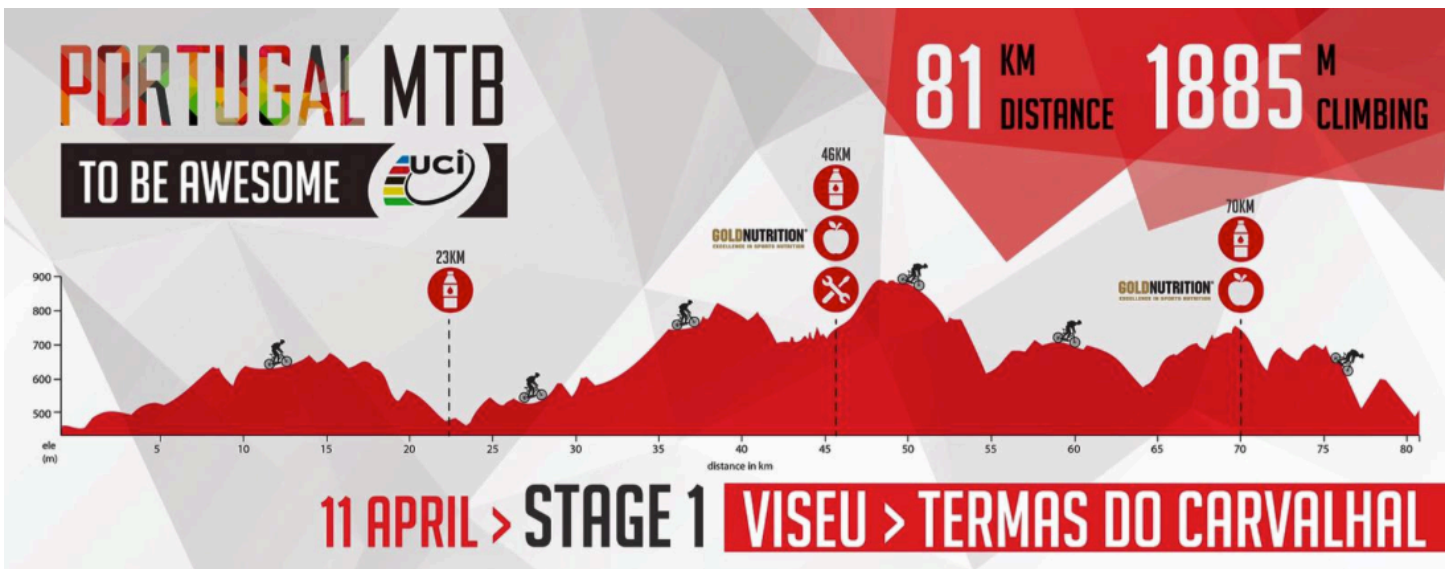


PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017



CLIMBING

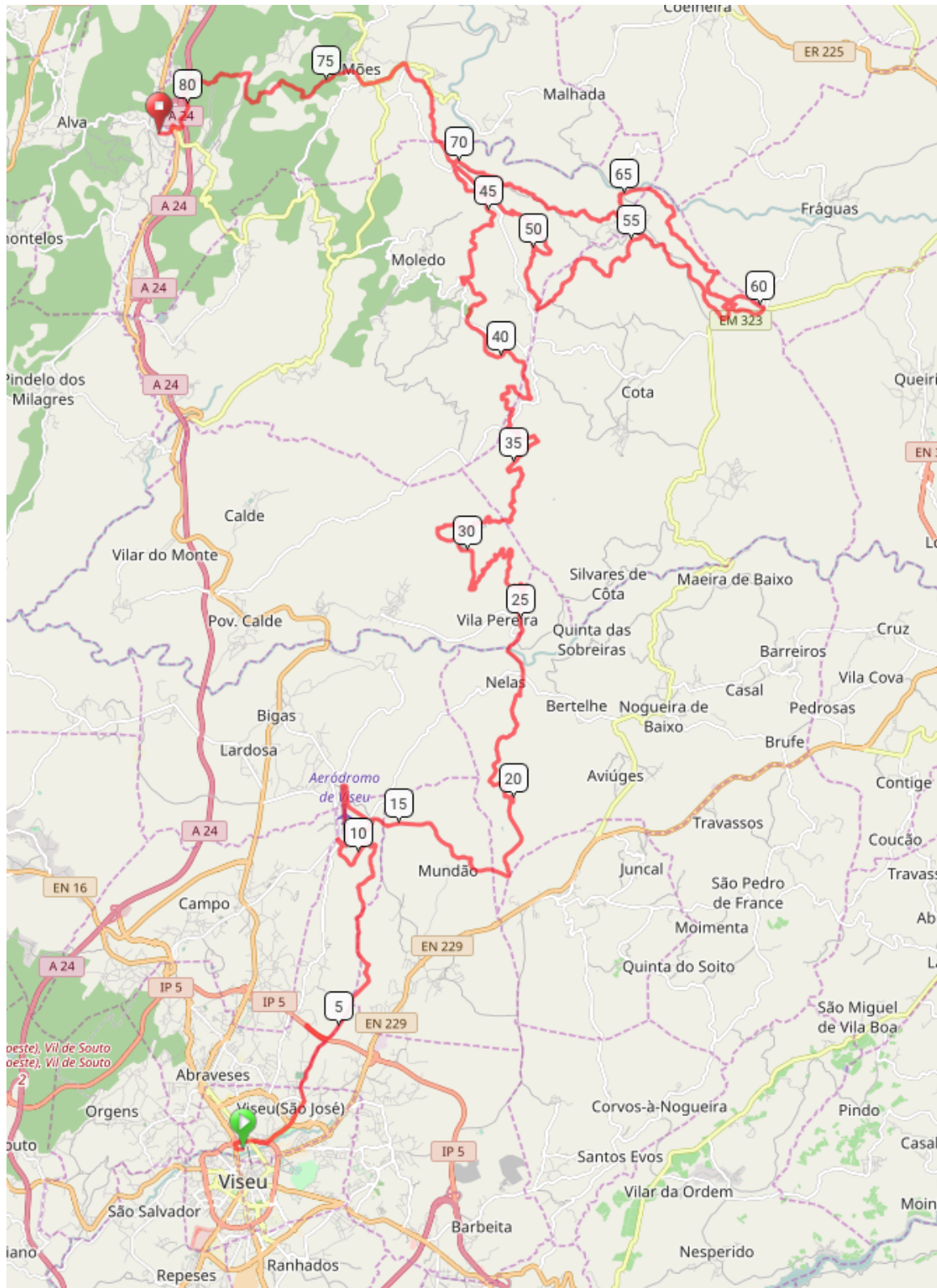


Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017



PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017

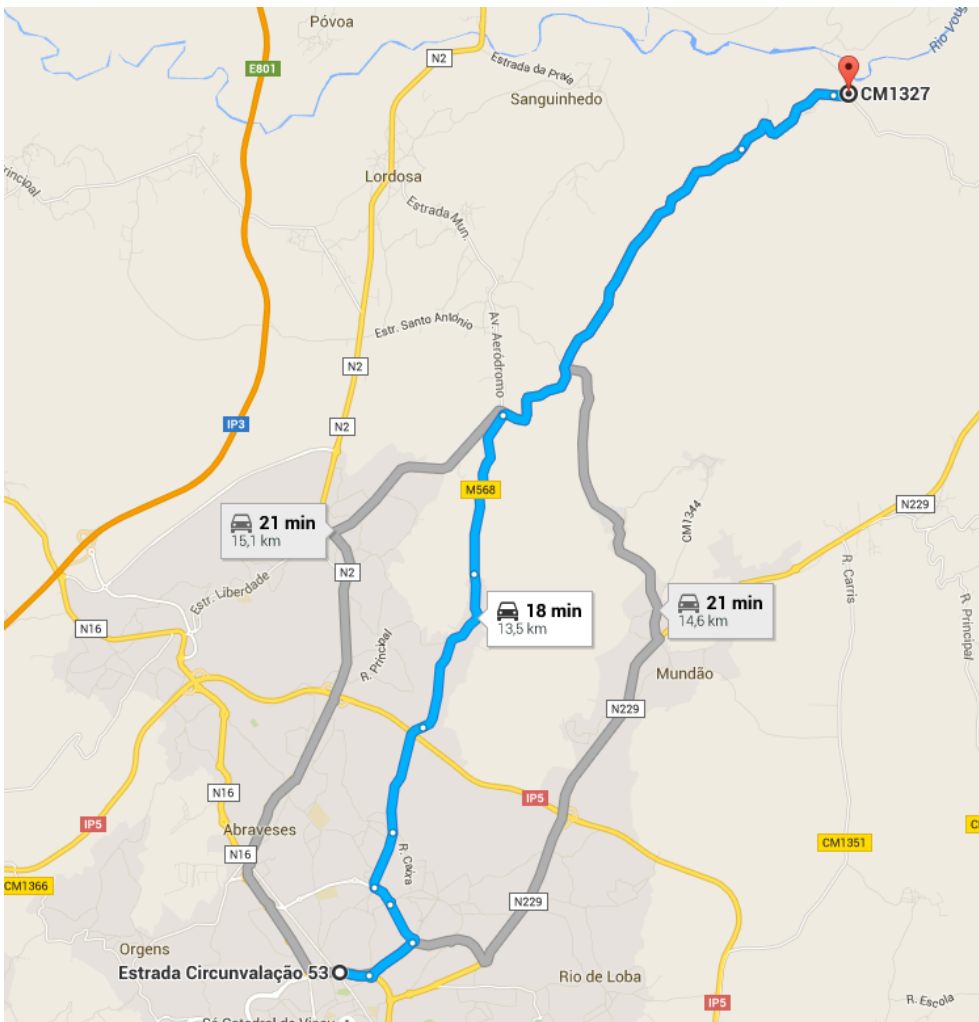
FEED ZONE 1



KM 23

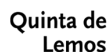
LATITUDE: 40°45'6.57"N

HOW TO GET THERE:

LONGITUDE: 7°50'43.01"W



- ↑ Head west on Estr. Circunvalação/N2
 -  Continue to follow N2
 - 300 m
- 📍 At the roundabout, take the 4th exit onto Av. Cap. Homem Ribeiro/N2
 - 190 m
- ↶ Keep left to stay on Av. Cap. Homem Ribeiro/N2
 -  Continue to follow N2
 - 600 m
- 📍 At Largo Arrabalde, take the 3rd exit onto Av. Cidade de Salamanca
 - 650 m
- 📍 At the roundabout, take the 3rd exit onto Praça Grão Vasco
 - 550 m
- 📍 At the roundabout, take the 2nd exit
 - 280 m
- 📍 At the roundabout, take the 1st exit onto R. Heróis Lusitanos
 - 650 m
- ↑ Continue onto Avenida Pintor
 - 1.3 km
- ↑ Continue onto Estr. Campo de Aviação
 - 1.9 km
- ↑ Continue onto EM568
 - 1.8 km
- ↶ Turn right
 - 4.4 km
- ↑ Continue onto R. Aeródromo
 - 1.4 km
- ↑ Continue onto CM1327



PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017

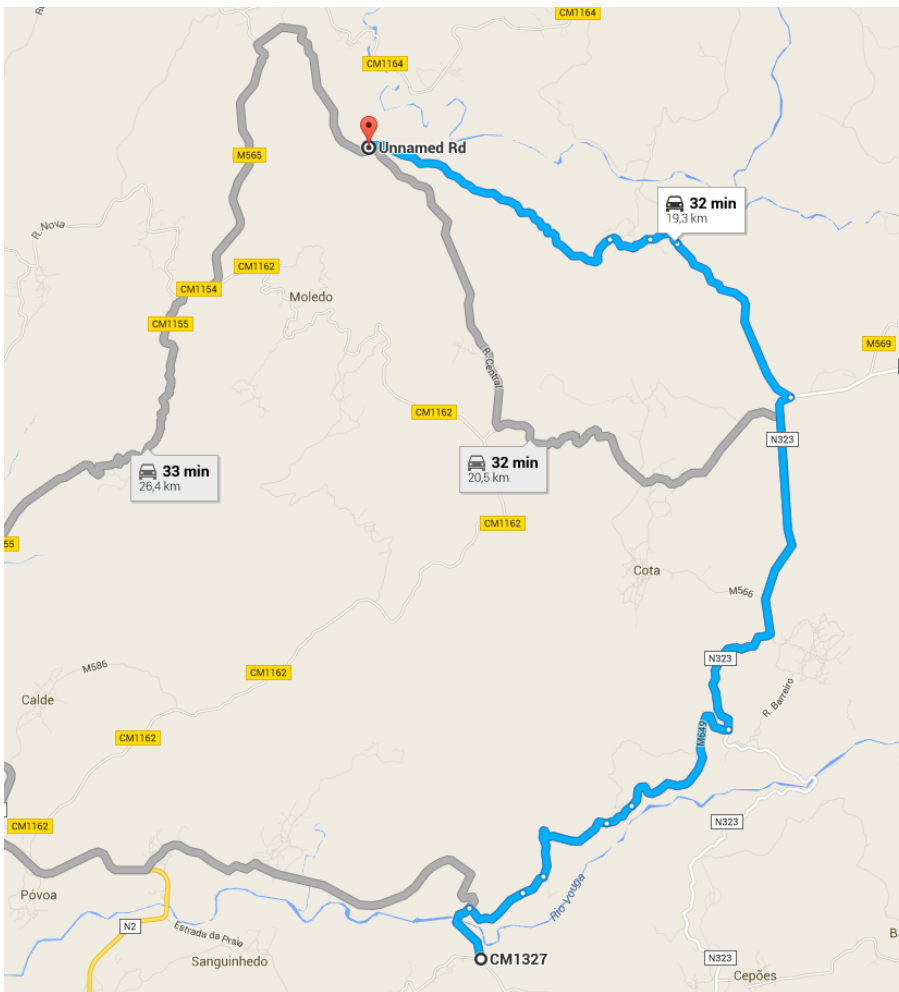
FEED ZONE 2

KM 46

LATITUDE: 40°50'46.21"N

HOW TO GET THERE:

LONGITUDE: 7°51'41.62"W



Take R. Nova and EM649 to N323 in Cota

12 min (6.5 km)

↑ Head north toward CM1327

900 m

↘ Turn right

900 m

↑ Continue onto R. Vouga

350 m

↙ Turn left onto R. Nova

1.6 km

↑ Continue onto R. Principal

400 m

↑ Continue onto EM649

2.3 km

Turn left onto N323

8 min (5.1 km)

Drive to R. Barros Vicente

12 min (7.7 km)

↙ Turn left

2.6 km

↑ Continue onto R. Eirô

190 m

↙ Turn left onto R. Central

280 m

↑ Continue onto R. Principal

650 m

↑ Continue onto R. Barros Vicente

 Destination will be on the right

3.9 km



PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017

FEED ZONE 3

KM 70

LATITUDE: 40°50'46.21"N

HOW TO GET THERE:

LONGITUDE: 7°51'41.62"W

SAME PLACE AS FEED ZONE 2, THERE IS ONLY THE NEED TO CHANGE THE SIDE OF THE ROAD.



GOLDNUTRITION[®]
EXCELLENCE IN SPORTS NUTRITION

Quinta de
Lemos




PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT




TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

STAGE 1 | VISEU | TERMAS DO CARVALHAL APRIL'S 11TH 2017

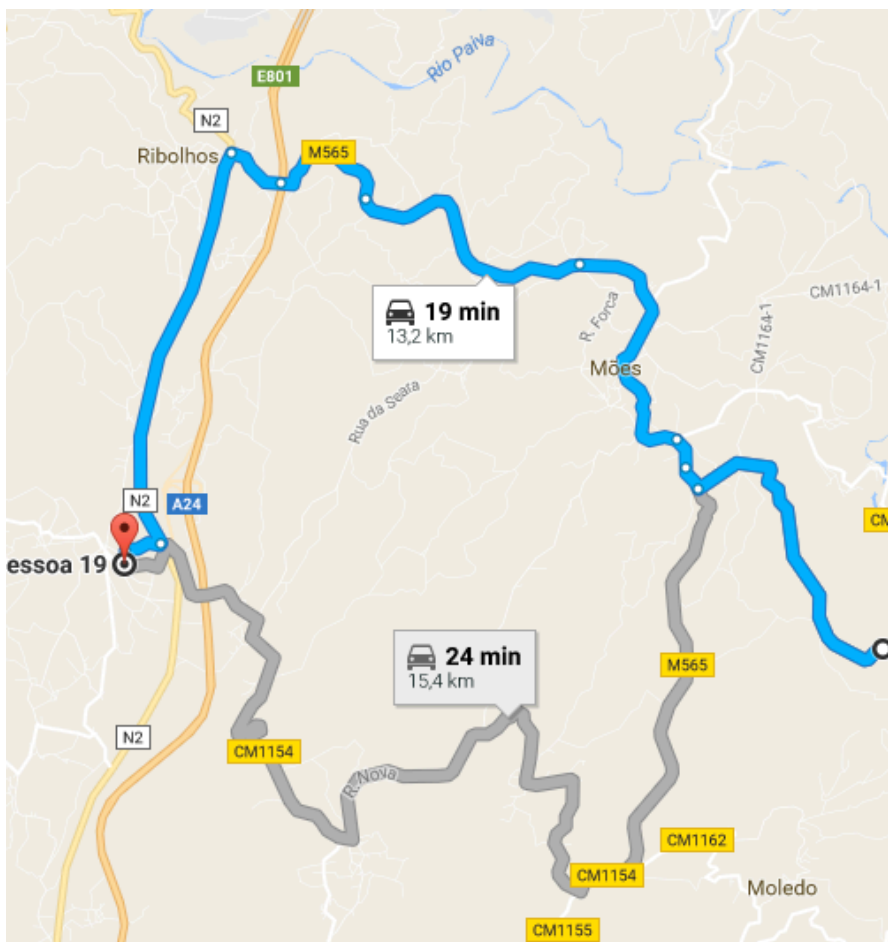
FINISH LINE

KM 81

LATITUDE: 40°51'8.35"N

HOW TO GET THERE:

LONGITUDE: 7°56'6.49"W



- ↑ Head west
4 min (2.8 km)
- ✓ Follow Av. Principal, EM565 and N2 to R. 13 de Maio
14 min (10.0 km)
- Turn right onto EM565
220 m
- ↑ Continue onto R. Corga
260 m
- 📍 At the roundabout, continue straight onto Av. Principal
2.3 km
- ↑ Continue onto EM565
2.3 km
- ↑ Continue onto EM565
1.1 km
- ↑ Continue onto R. Formosa
500 m
- ↶ Turn left onto N2
3.4 km
- ✓ Continue on R. 13 de Maio to your destination
1 min (450 m)
- Turn right onto R. 13 de Maio
300 m
- ↶ Turn left
📍 Destination will be on the left
120 m



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

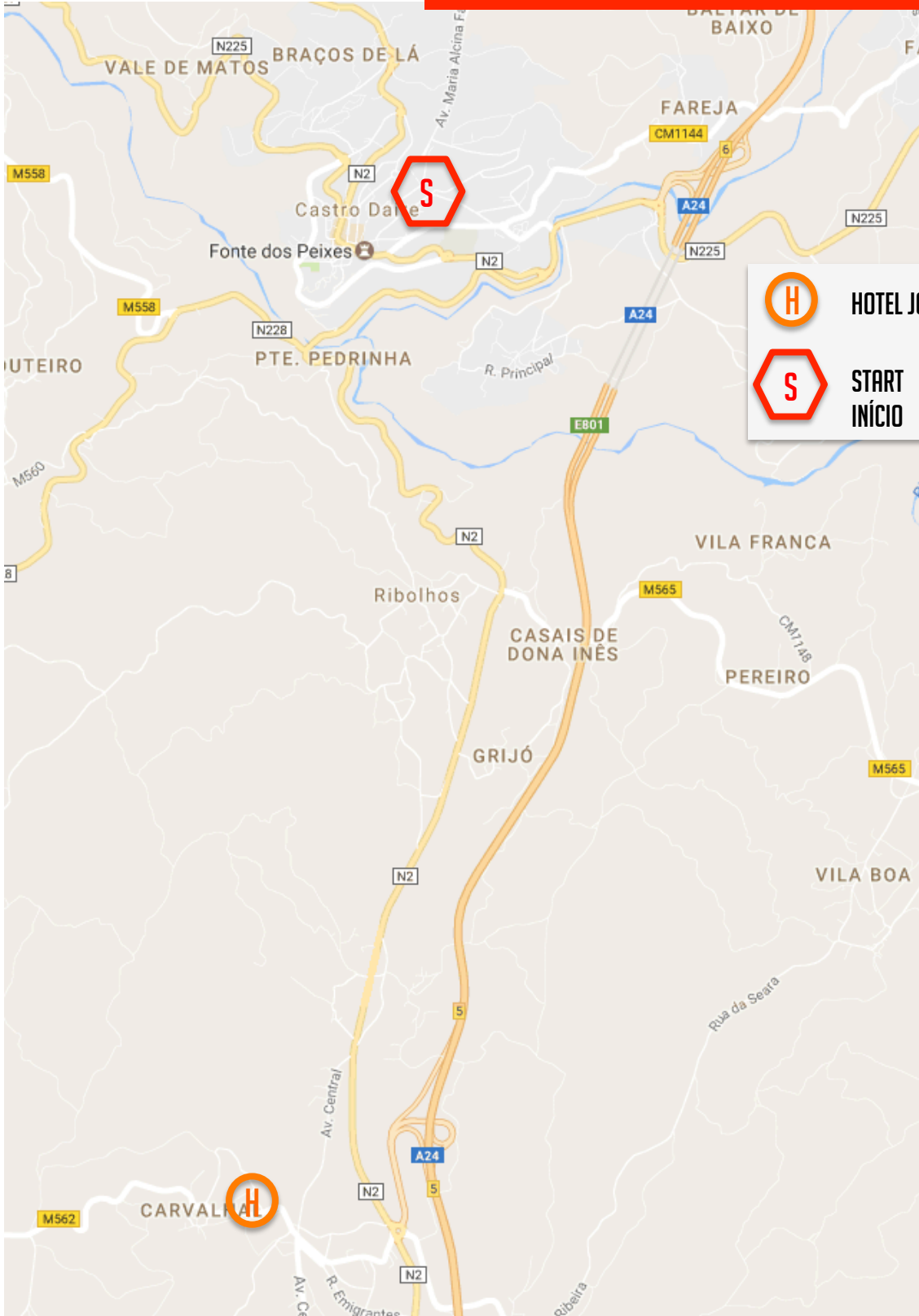


STAGE 2

CASTRO DAIRE | SÃO PEDRO DO SUL
APRIL'S 12TH

PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017



PORTUGAL MTB TO BE AWESOME

BOXES

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

BOX 1 - JERSEY LIDERS
BOX 2 - ELITES UCI MEN
BOX 3 - ELITES UCI WOMEN
BOX 4 - ELITE OPEN / MASTER 30
BOX 5 - MASTER 40 / 50 / MIXED

PROGRAM

7H00 - BIKE PARK Opening
8H30 - Boxes Opening
9H00 - Stage 2 start
12H00 - Estimated time for the arrival of the first finisher
13H00 - BIKE PARK Opening (Hotel MONTE RIO)
14H00 - Massage Service Opening (Hotel INATEL PALACE)
19H00 - Teams Reunion (Hotel INATEL PALACE)
20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
22H00 - BIKE PARK Foreclosure (Hotel MONTE RIO)
23H00 - Massage Service Foreclosure (Hotel INATEL PALACE)

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of that category.

LOCATIONS

START: CASTRO DAIRE GARDEN - GPS: 40°53'53.79"N / 7°56'4.06"W

FINISH: CÂMARA MUNICIPAL DE S.P.S. - GPS: 40°45'44.43"N / 8° 3'47.48"W

TEAMS REUNION | DINNER | NEWS ROOM | MASSAGE
HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N / 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE
HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W

DINNERS (Dinner at the hotel where you are staying)
HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W
HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N / 8° 05 ' 23" O



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

HOTEL

HOTEL INATEL PALACE

Termas de São Pedro do Sul, 3660-692 Várzea SPS

Tel +351 232 720 200

www.inatel.pt

Email: inatel.spsul@inatel.pt

GPS: 40° 44' 20" N / 8° 05' 23" O

HOTEL MONTE RIO

Várzea, São Pedro do Sul

Tel +351 232 720 040

www.hotelmonterio.com.pt

Email: saopedro@hotelmonterio.com.pt

GPS: 40°44'24.21"N / 8°5'4.34"W

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.

The displacement from the finish line to the hotel is the responsibility of the athlete/team.

BAGS

TERMAS DO CARVALHAL - - START - The organization ensures the transport of bags that are placed in the following location (BIKE PARK HOTEL PALACE ASTURIAS):

HOTEL PALACE ASTURIAS- GPS: 40°51'8.35"N / 7°56'6.49"W

TERMAS DE S.P.S. - FINISH LINE - The organization ensures the transport of the bags to the Hotel. (HOTEL MONTE RIO). For those which haven't Hotel reservations will have their bags next to the finish line.



Quinta de Lemos

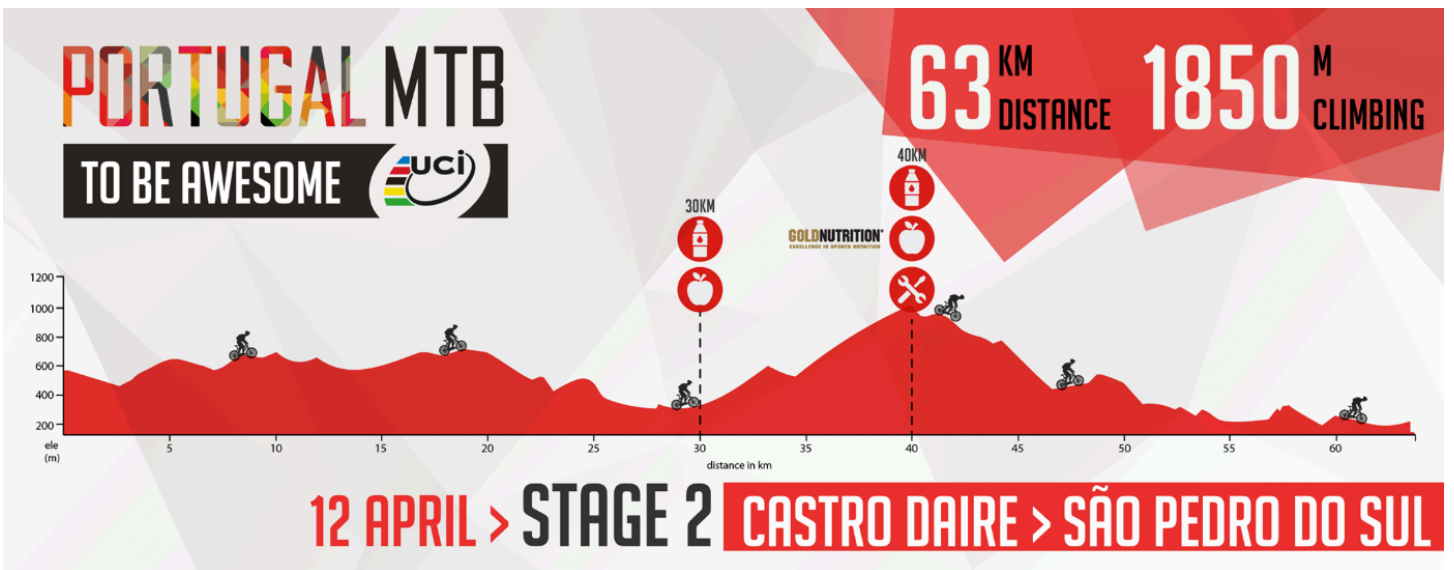


PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017



CLIMBING



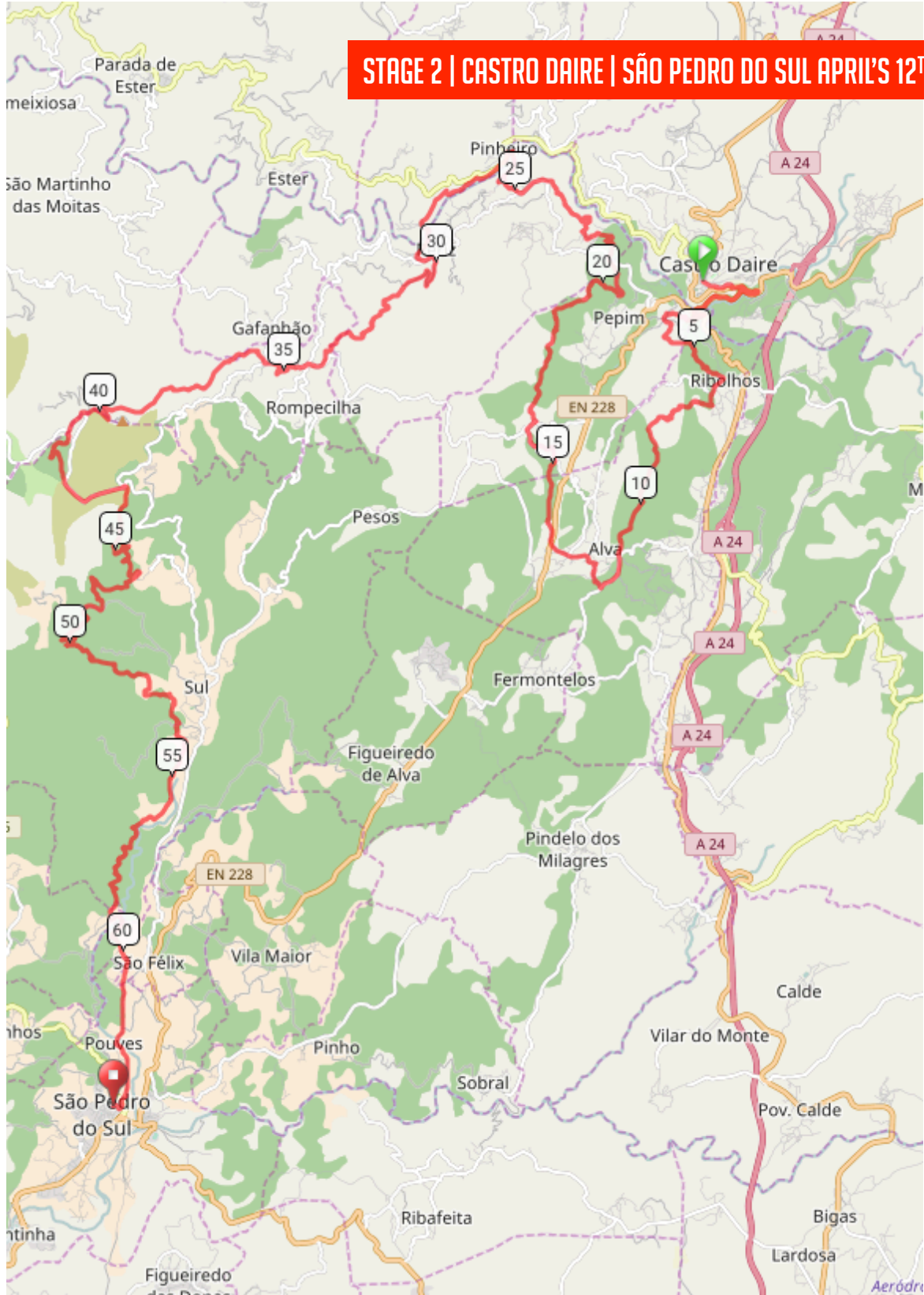
Quinta de Lemos



PORTUGAL MTB TO BE AWESOME



STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017



PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

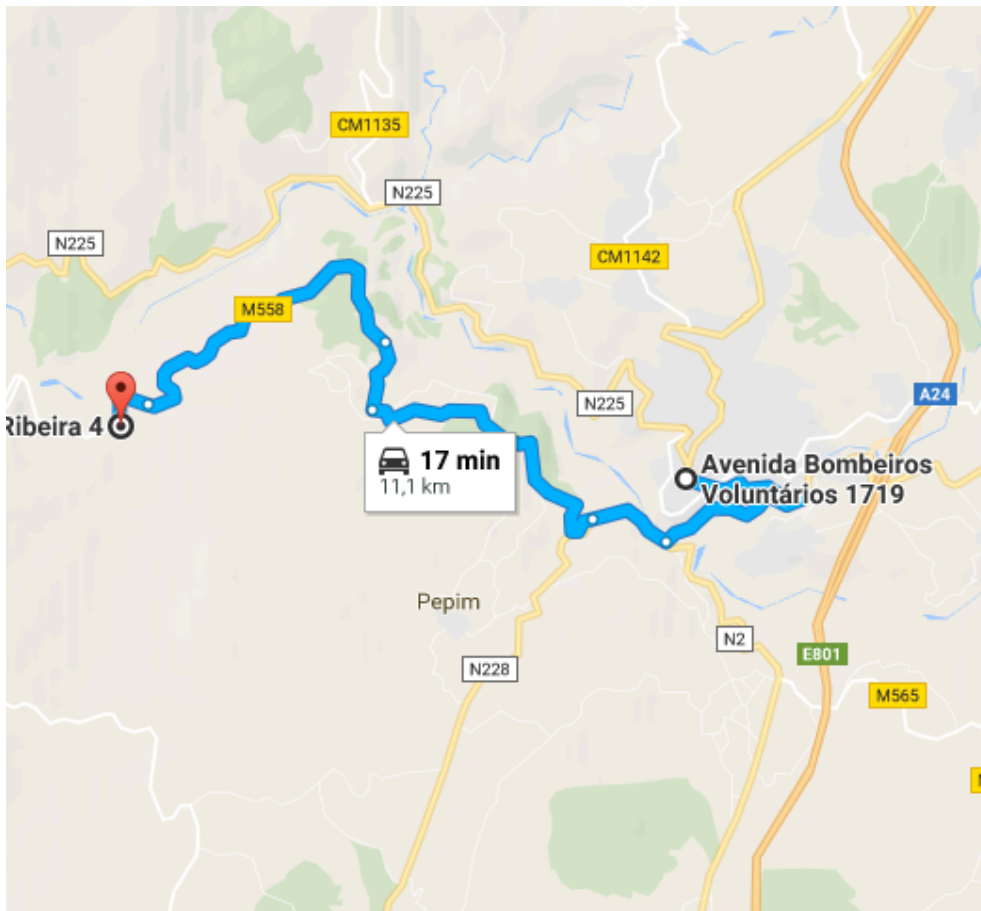
FEED ZONE 1

KM 30

LATITUDE: 40°54'9.10"N

HOW TO GET THERE:

LONGITUDE: 7°59'36.70"W



- Take EM558 to N228
11 min (7.7 km)
- ↑ Head northeast on R. Principal toward Largo Ponte
350 m
- ↑ Continue onto EM559
450 m
- ↑ Continue onto EM558
3.4 km
- ↑ Continue onto R. Principal
650 m
- ↑ R. Principal turns slightly left and becomes EM558
2.9 km
- Follow N228 to Av. 5 Outubro/N2 in Castro Daire
6 min (3.3 km)
- ↙ Slight left onto N228
800 m
- ↙ Turn left onto N2
1.4 km
- ↙ Turn left to stay on N2
500 m
- ↘ Turn right onto Av. 5 Outubro/N2
500 m



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

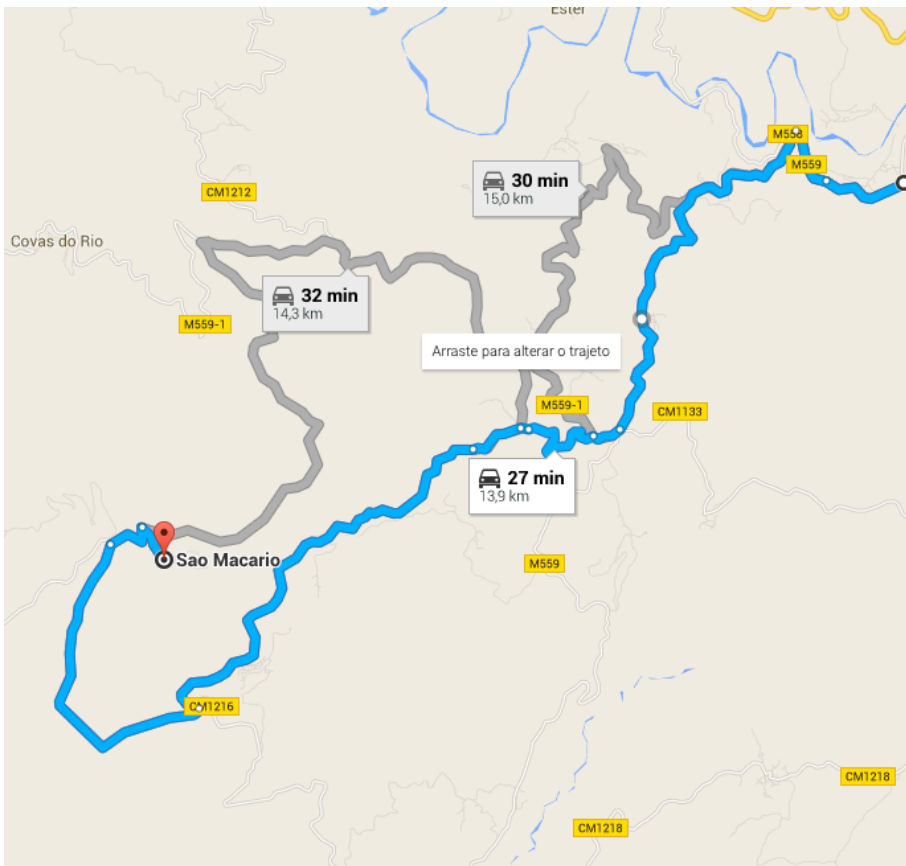
FEED ZONE 2

KM 40

LATITUDE: 40°52'32.26"N

LONGITUDE: 8° 3'51.51"W

HOW TO GET THERE:



- Drive along EM559

9 min (5.1 km)

 - ↑ Head southwest on R. Principal toward Largo Tojal
 - 700 m
 - ↑ Continue onto EM559
 - 550 m
 - ↶ Turn left to stay on EM559
 - 3.6 km
 - ↷ Turn right onto EM559-1
 - 250 m
- Continue to CM1216

4 min (1.5 km)

 - ↶ Turn left
 - 1.0 km
 - ↷ Turn right
 - 58 m
 - ↶ Turn left toward CM1216
 - 450 m
- Continue on CM1216. Drive to CM1123

11 min (6.6 km)

 - ↑ Continue onto CM1216
 - 3.9 km
 - ↷ Turn right onto CM1123
 - 2.7 km



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

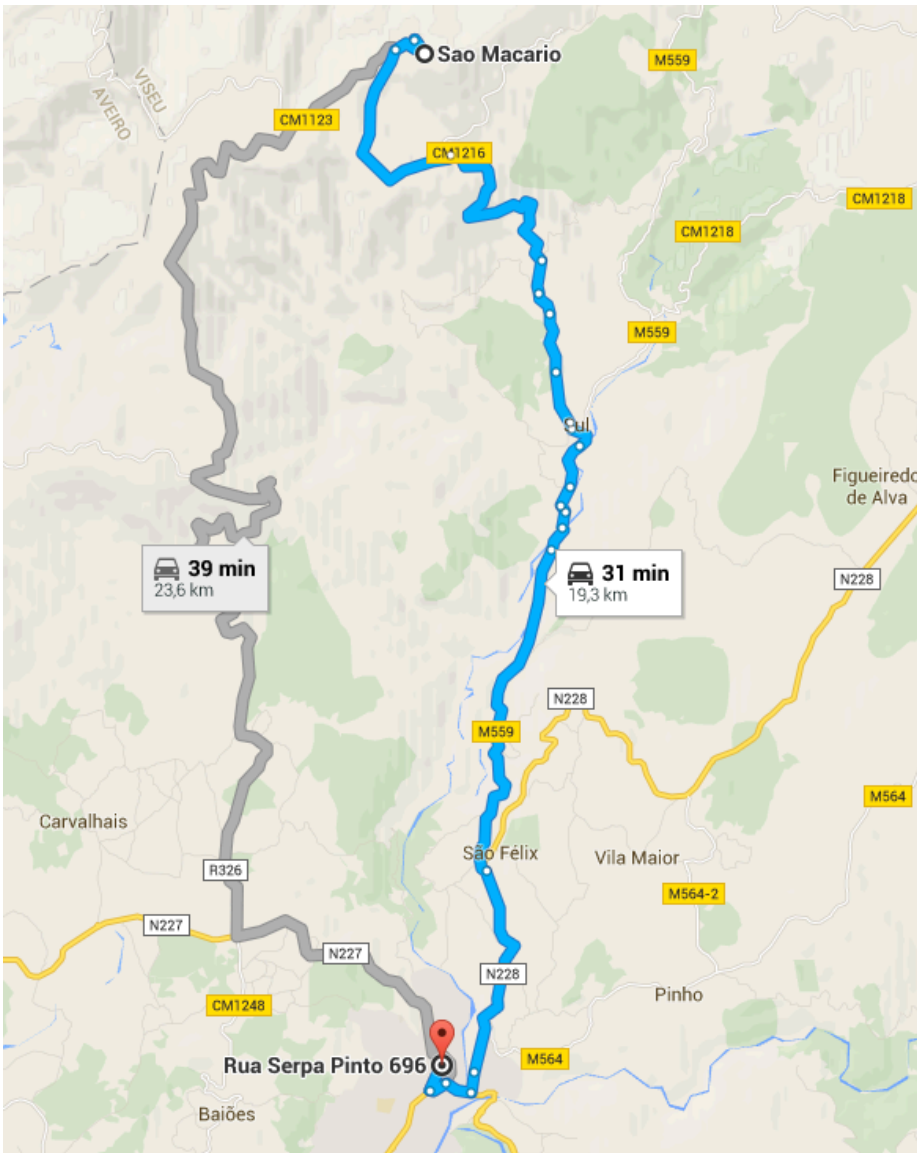
FINISH LINE

KM 63

LATITUDE: 40°45'44.39"N

HOW TO GET THERE:


LONGITUDE: 8° 3'47.56"W




Take CM1123, CM1216, EM559 and N228 to R. Serpa Pinto/N227 in São Pedro do Sul

27 min (18.3 km)

- ↑ Head south on CM1123
2.7 km
- ↑ Continue onto CM1216
3.2 km
- ↑ Continue onto R. Santa Maria
400 m
- ↑ R. Santa Maria turns slightly left and becomes R. Santa Ana
350 m
- ↑ R. Santa Ana turns slightly right and becomes CM1216
800 m
- ↑ Continue onto R. Santa Eulália
700 m
- ↑ Continue onto R. de Santa Eulália
95 m
- ↑ Continue onto R. Principal
350 m
- ↑ Continue onto EM559
600 m
- ↑ Continue onto R. Merouços
280 m
- ↑ Continue onto Largo Espírito Santo
96 m
- ↑ Continue onto R. Dr. Abel Poças de Figueiredo
210 m

 39 min
23,6 km

 31 min
19,3 km

PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

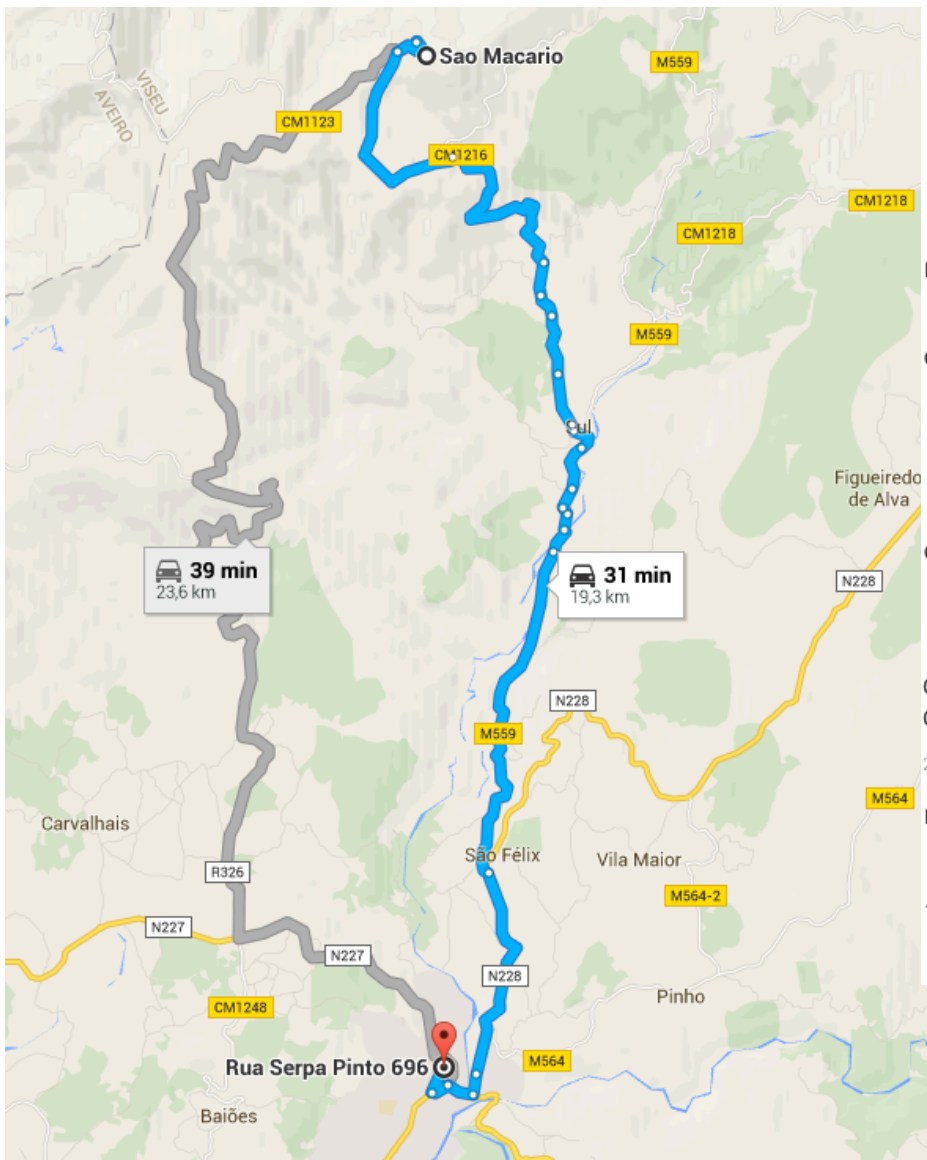
FINISH LINE

KM 63

LATITUDE: 40°45'44.39"N

HOW TO GET THERE:

LONGITUDE: 8° 3'47.56"W



- ↑ R. Dr. Abel Poças de Figueiredo turns left and becomes R. Abeneira
350 m
- ↑ Continue onto EM559
4.5 km
- ↗ Turn right onto N228
3.1 km
- 📍 At the roundabout, take the 1st exit onto R. Olivença/N16
 - ➡ Continue to follow N16
 - ➡ Go through 1 roundabout
 350 m
- 📍 At the roundabout, take the 2nd exit onto R. Bandeira de Melo/N16
250 m
- Continue on R. Serpa Pinto/N227. Drive to R. Camões
2 min (400 m)
- ↘ Turn right onto R. Serpa Pinto/N227
350 m
- ↙ Turn left onto R. Camões
81 m

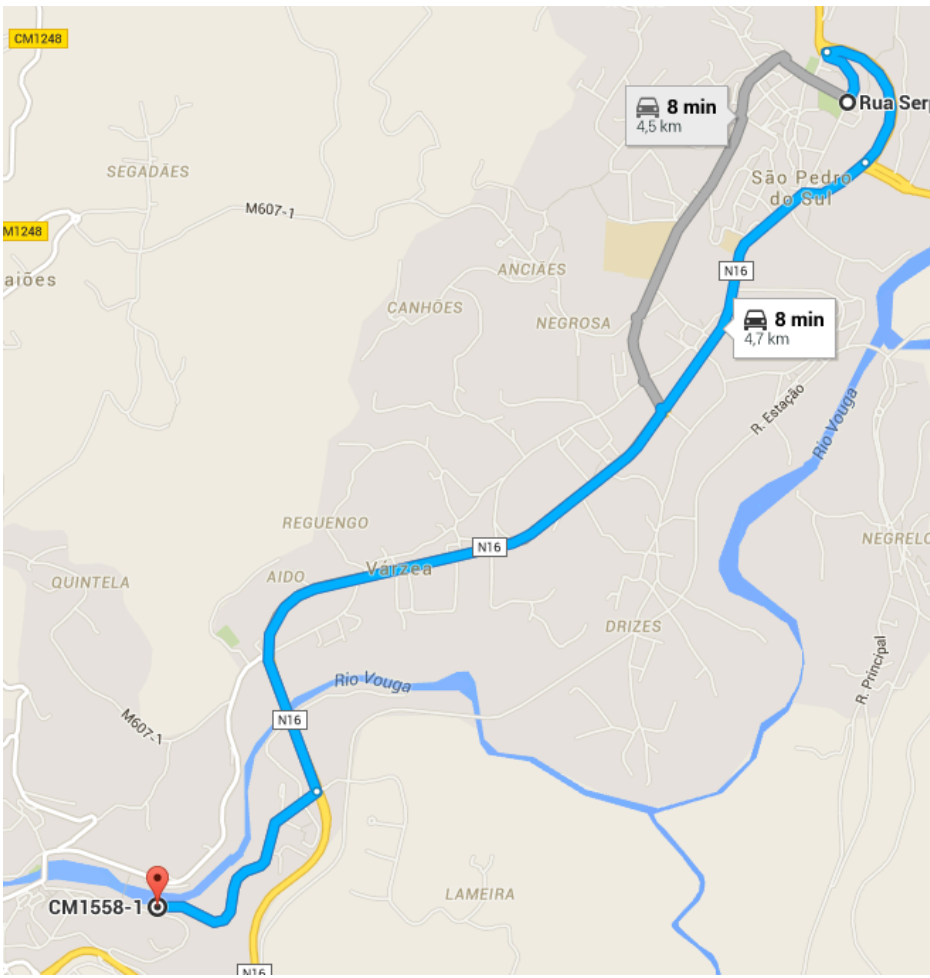


PORTUGAL MTB TO BE AWESOME

STAGE 2 | CASTRO DAIRE | SÃO PEDRO DO SUL APRIL'S 12TH 2017

HOTEL

HOW TO GET THERE:



- ↑ Head west on Largo São Sebastião
68 m
- ↩ Slight left to stay on Largo São Sebastião
52 m
- ↑ Continue onto R. Direita
210 m
- ↘ Turn right onto R. Dr. José Correia de Oliveira/N16
Continue to follow N16
2.9 km
- ↘ Turn right onto CM1558-1
650 m

HOTEL INATEL PALACE

HOTEL MONTE RIO

GPS: 40° 44 ' 20" N / 8° 05 ' 23" O

GPS: 40°44'24.21"N / 8°5'4.34"W



PORTUGAL MTB TO BE AWESOME

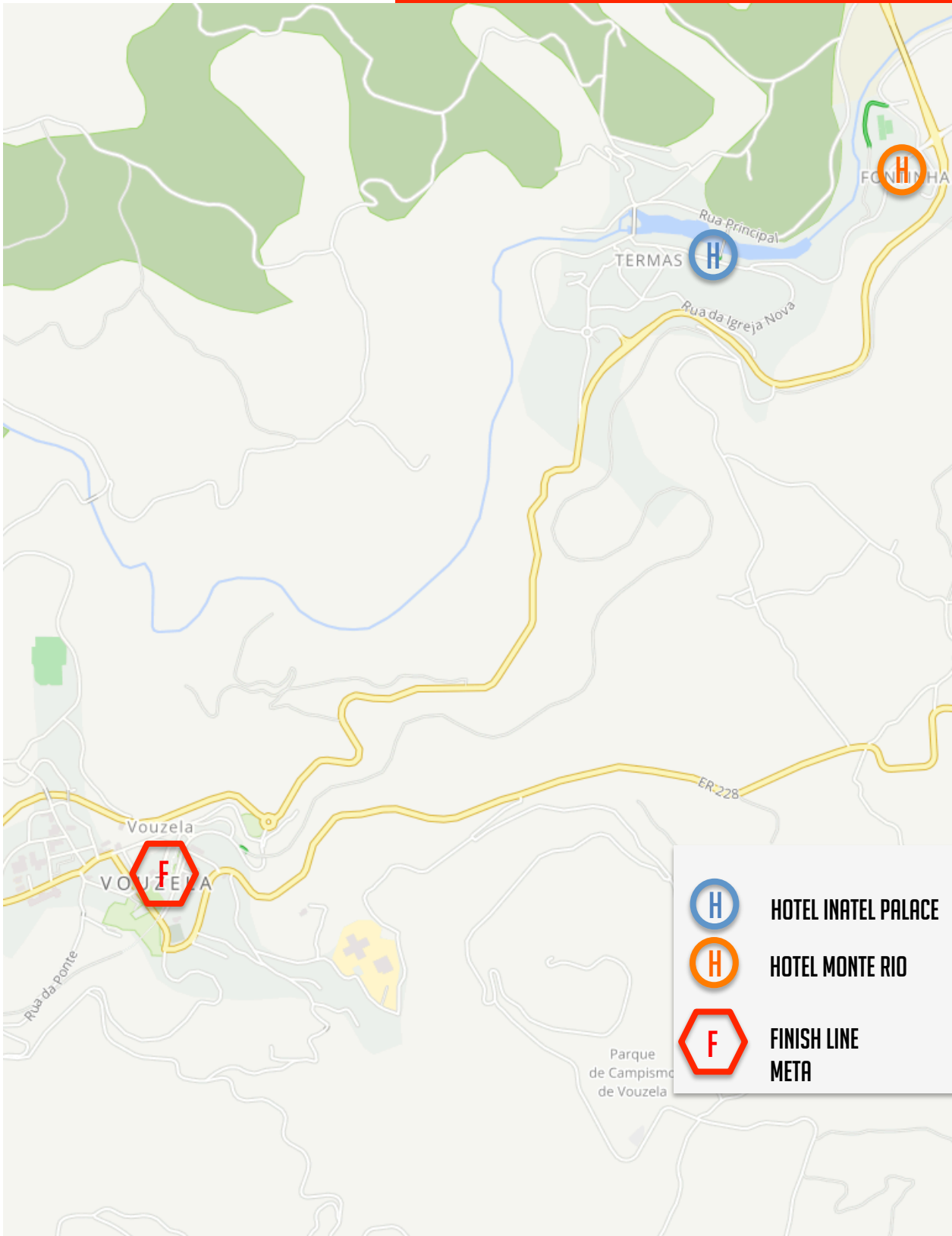


STAGE 3

SÃO PEDRO DO SUL | VOUZELA
APRIL'S 13TH

PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017



	HOTEL INATEL PALACE
	HOTEL MONTE RIO
	FINISH LINE META

PORTUGAL MTB TO BE AWESOME

BOXES

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

BOX 1 - JERSEY LIDERS
BOX 2 - ELITES UCI MEN
BOX 3 - ELITES UCI WOMEN
BOX 4 - ELITE OPEN / MASTER 30
BOX 5 - MASTER 40 / 50 / MIXED

PROGRAM

7H00 - BIKE PARK Opening
8H30 - Boxes Opening
9H00 - Stage 3 start
14H00 - Estimated time for the arrival of the first finisher
14H00 - BIKE PARK Opening (Hotel MONTE RIO)
14H00 - Massage Service Opening (Hotel INATEL PALACE)
19H00 - Teams Reunion (Hotel INATEL PALACE)
20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
22H00 - BIKE PARK Foreclosure (Hotel MONTE RIO)
23H00 - Massage Service Foreclosure (Hotel INATEL PALACE)

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of that category.

LOCATIONS

START: CÂMARA MUNICIPAL DE S.P.S.- GPS: 40°45'44.43"N / 8° 3'47.48"W

FINISH: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N / 8° 6'34.93"W

TEAMS REUNION | DINNER | NEWS ROOM | MASSAGE
HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N / 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE
HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W

DINNERS (Dinner at the hotel where you are staying)
HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W
HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N / 8° 05 ' 23" O



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

HOTEL

HOTEL INATEL PALACE

Termas de São Pedro do Sul, 3660-692 Várzea SPS

Tel +351 232 720 200

www.inatel.pt

Email: inatel.spsul@inatel.pt

GPS: 40° 44' 20" N / 8° 05' 23" O

HOTEL MONTE RIO

Várzea, São Pedro do Sul

Tel +351 232 720 040

www.hotelmonterio.com.pt

Email: saopedro@hotelmonterio.com.pt

GPS: 40°44'24.21"N / 8°5'4.34"W

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.

The displacement from the finish line to the hotel is the responsibility of the athlete/team.

BAGS

Given that all the teams stay in the same hotels, the organization no longer carries out the transport of the bags.



Quinta de
Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017



PORTUGAL MTB TO BE AWESOME

10.11.12.13.14.15.APRIL.2017 EDITION

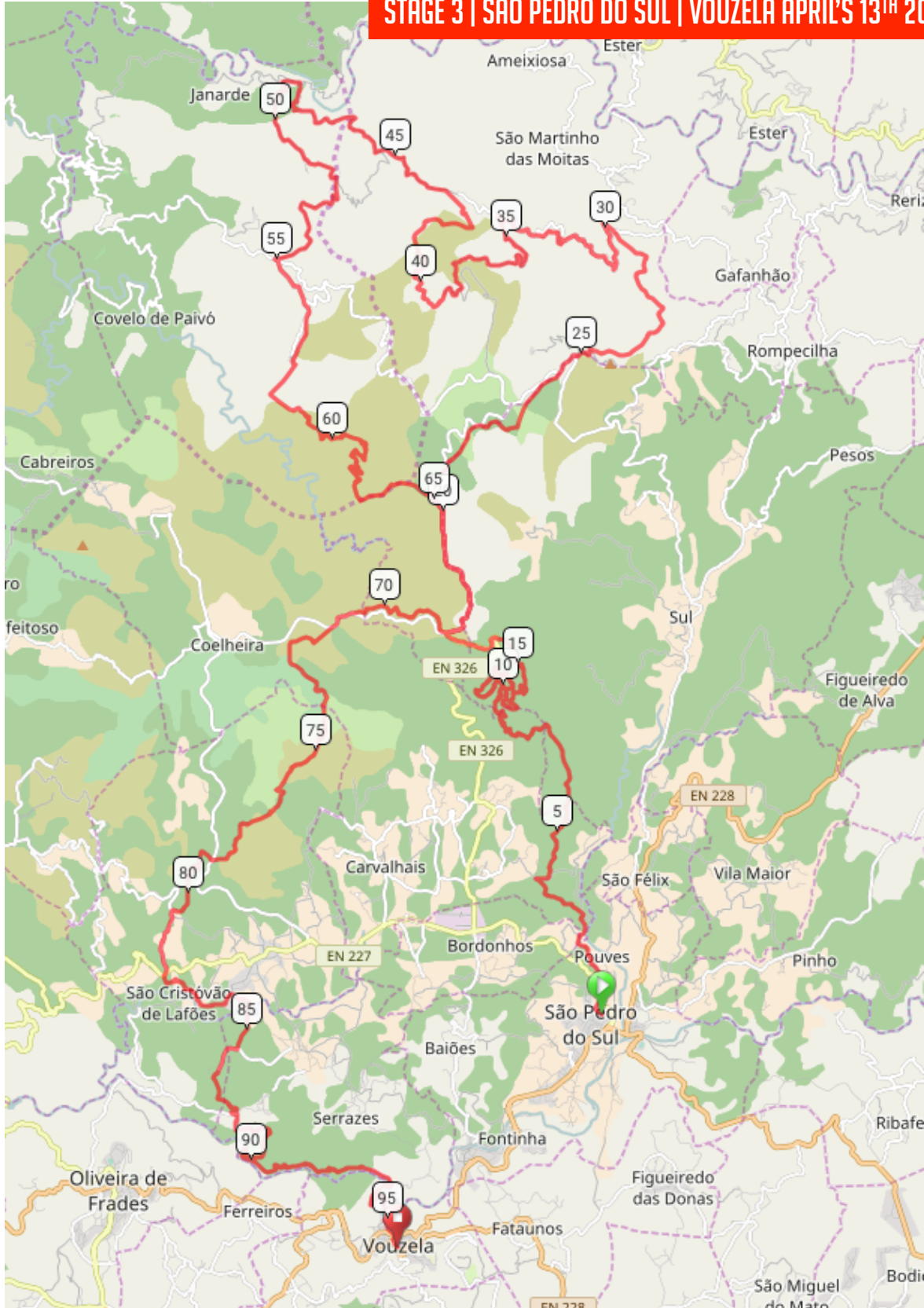
CLIMBING



PORTUGAL MTB TO BE AWESOME



STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

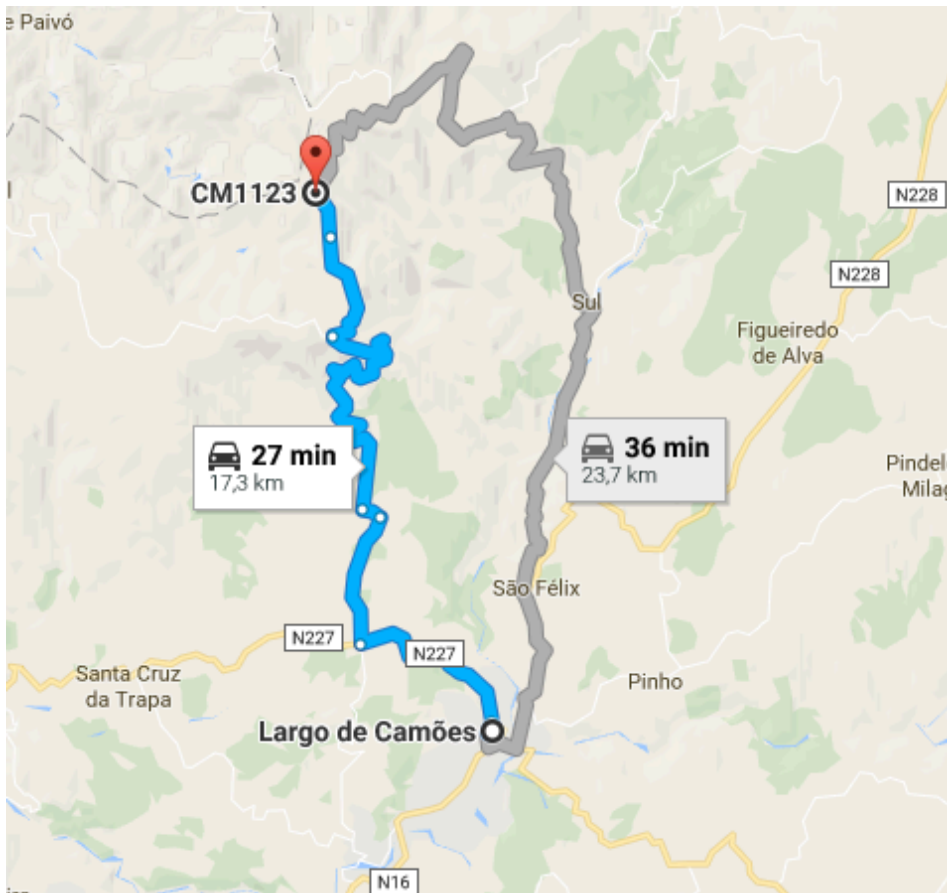
FEED ZONE 1

KM 20

LATITUDE: 40°51'11.17"N

HOW TO GET THERE:

LONGITUDE: 8° 6'8.51"W



Continue to R. Serpa Pinto/N227

1 min (290 m)

↑ Head southeast on R. Camões toward R. Serpa Pinto/N227

81 m

↶ Turn left onto R. Serpa Pinto/N227

210 m

Continue on N227. Drive to CM1123

24 min (16.7 km)

📍 At the roundabout, continue straight to stay on R. Serpa Pinto/N227

[Continue to follow N227](#)

3.7 km

📍 At the roundabout, take the 1st exit onto R326

2.6 km

↑ Continue onto CM1225

400 m

↷ Turn right

6.8 km

↷ Turn right

2.4 km

↑ Continue onto CM1123

950 m



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

FEED ZONE 2

KM 49

LATITUDE: 40°55'22.60"N

HOW TO GET THERE:

LONGITUDE: 8° 7'56.01"W



- CM1123**
- ↑ Head northeast on CM1123
3.3 km
 - ↶ Turn left
700 m
 - ↶ Turn left onto Estr. do Portal do Inferno
6.9 km
 - ↑ Continue onto EM567
1.6 km
 - ↷ Turn right
4.2 km
 - ↶ Turn left
1.9 km
 - ↑ Continue onto R. Principal
3.0 km



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

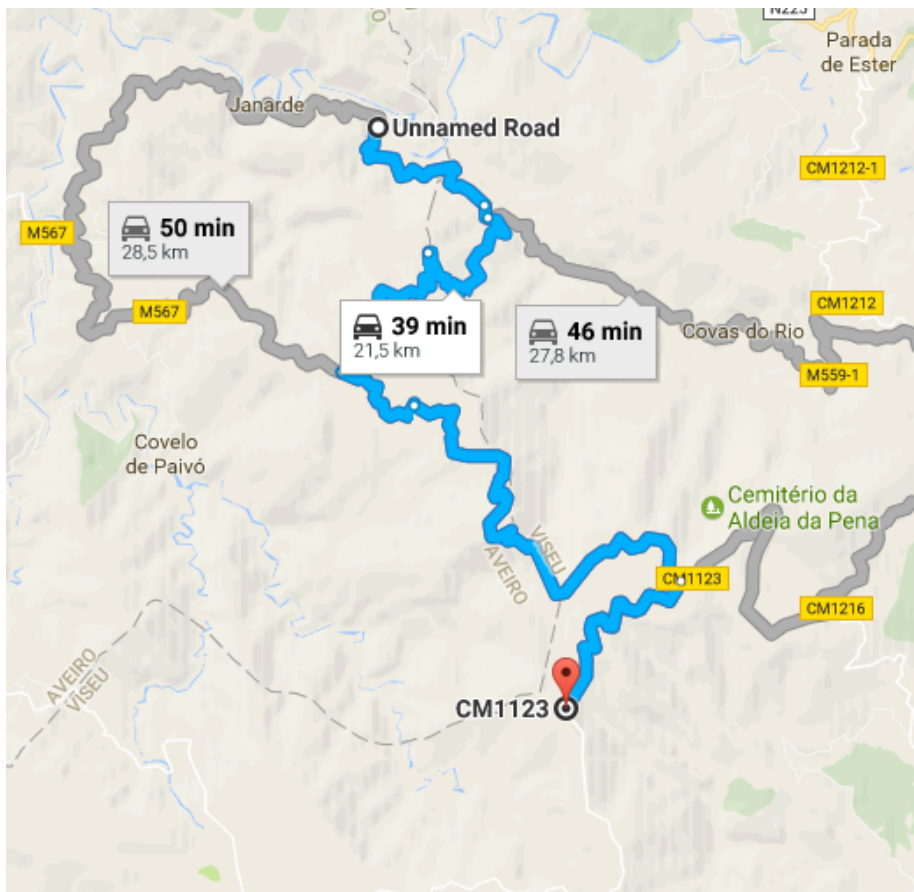
FEED ZONE 3

KM 65

LATITUDE: 40°51'11.17"N

HOW TO GET THERE:

LONGITUDE: 8° 6'8.51"W



- Continue to Viséu
5 min (3.0 km)
- ↑ Head southwest
2.8 km
- ↑ Continue onto R. Principal
210 m
- Continue to Aveiro
12 min (6.0 km)
- ↗ Keep right
1.9 km
- ↘ Sharp right
1.1 km
- ↖ Turn left
3.1 km
- Take Estr. do Portal do Inferno to CM1123 in Viséu
22 min (12.5 km)
- ↖ Turn left onto EM567
1.6 km
- ↑ EM567 turns left and becomes Estr. do Portal do Inferno
7.5 km
- ↗ Turn right onto CM1123
3.3 km



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

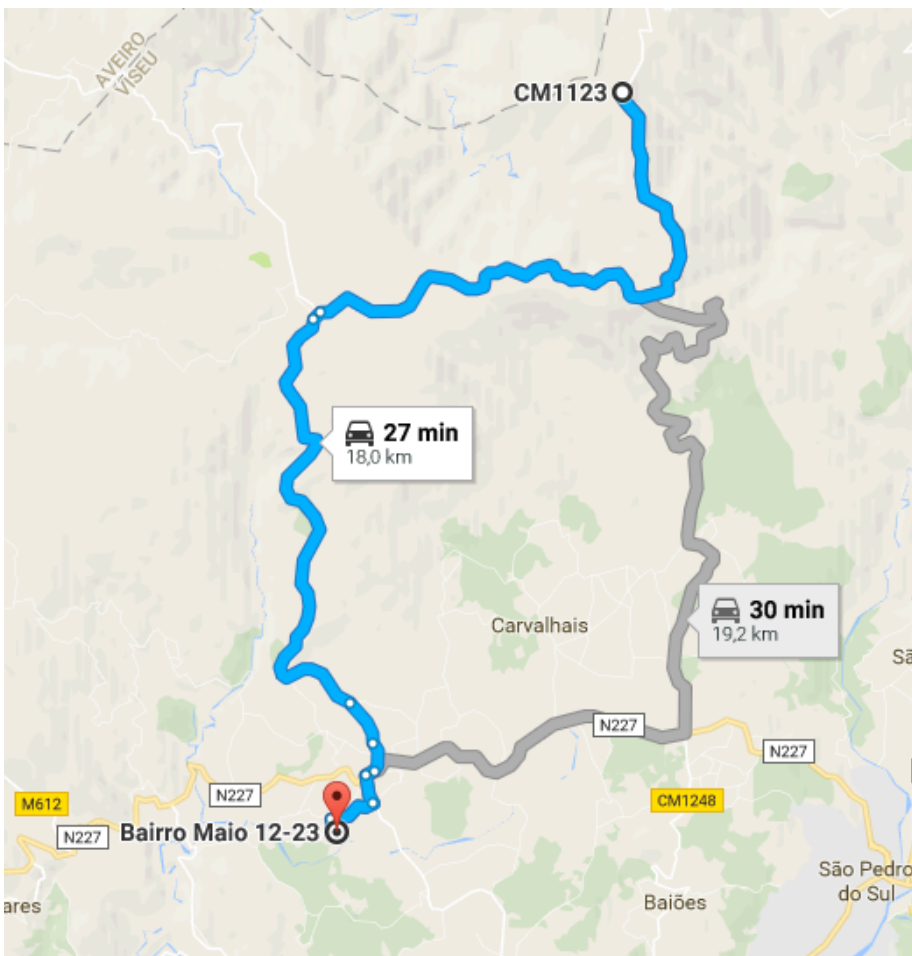
FEED ZONE 4

KM 84

LATITUDE: 40°45'56.49"N

HOW TO GET THERE:

LONGITUDE: 8° 8'50.14"W



CM1123

- ↑ Head southwest on CM1123
12 min (8.6 km)
- ∨ Continue to Av. 10 de Junho/N227
11 min (8.0 km)
- ↶ Turn left
130 m
- ↶ Turn left
6.8 km
- ↷ Turn right onto R. Hortas Novas
650 m
- ↑ Continue onto R. Vila nova
400 m
- ∨ Continue on Av. 10 de Junho/N227 to R. Joaquim de Almeida Sobrinho
56 s (140 m)
- ↷ Turn right onto Av. 10 de Junho/N227
130 m
- ↶ Turn left onto R. Dr. Costódio Henriques
15 m
- ∨ Take R. Eiras to Bairro Maio
3 min (1.0 km)
- ↷ Turn right onto R. Joaquim de Almeida Sobrinho
300 m
- ↑ Continue onto R. Eiras
500 m
- ↷ Turn right onto Bairro Maio
170 m



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

FINISH LINE

KM 95.8

LATITUDE: 40°43'20.01"N

HOW TO GET THERE:

LONGITUDE: 8° 6'35.42"W



Bairro Maio 12-23

- ✓ Take Av. São Mamede de Barros to Av. 17 de Agosto

2 min (800 m)

↑ Head northwest on Bairro Maio toward R. Alto

170 m

➤ Turn right onto Av. São Mamede de Barros

650 m
- ✓ Take R. 15 de Agosto, Estr. Principal, EM607, R. Filipe Jorge Mendes Frazão and N16 to N228 in Vouzela

20 min (11.6 km)

➤ Turn right onto Av. 17 de Agosto

750 m

↑ Continue onto EM607

350 m

↑ Continue onto R. 15 de Agosto

1.4 km

↑ Continue onto EM607

750 m

↑ Continue onto Estr. Principal

2.1 km

↑ Continue onto EM607

1.0 km

↑ Continue onto R. Filipe Jorge Mendes Frazão

1.4 km

➤ Turn right onto R. Principal

750 m



PORTUGAL MTB TO BE AWESOME

STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

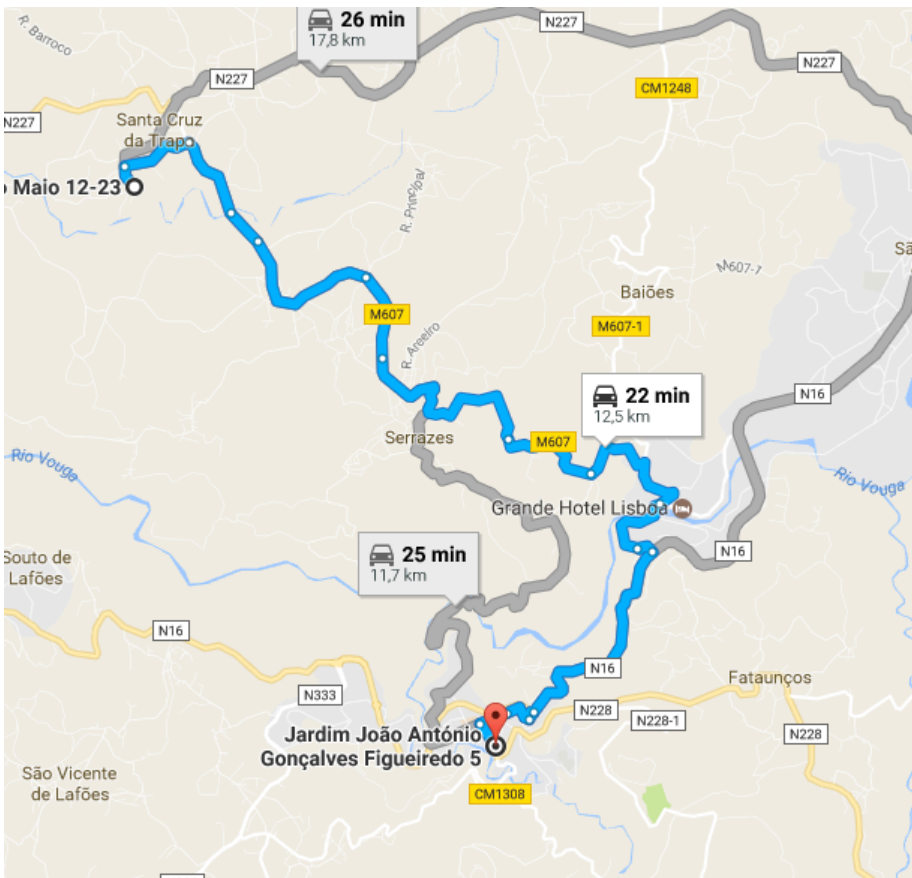
FINISH LINE

KM 95.8

LATITUDE: 40°43'20.01"N

HOW TO GET THERE:

LONGITUDE: 8° 6'35.42"W



- 📍 At the roundabout, take the 3rd exit
180 m
- ➡ Turn right onto N16 (signs for Aveiro/A25/Viseu/Vouzela)
2.1 km
- 📍 At the roundabout, take the 2nd exit
110 m
- ➡ Turn right toward R. Mousinho de Albuquerque
270 m
- ↑ Continue onto R. Mousinho de Albuquerque
250 m
- ⬅ Turn left onto Av. João de Melo/N228
 - 📍 Continue to follow N228
 - 📍 Destination will be on the left
 170 m

Alameda Dom Duarte de Almeida



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

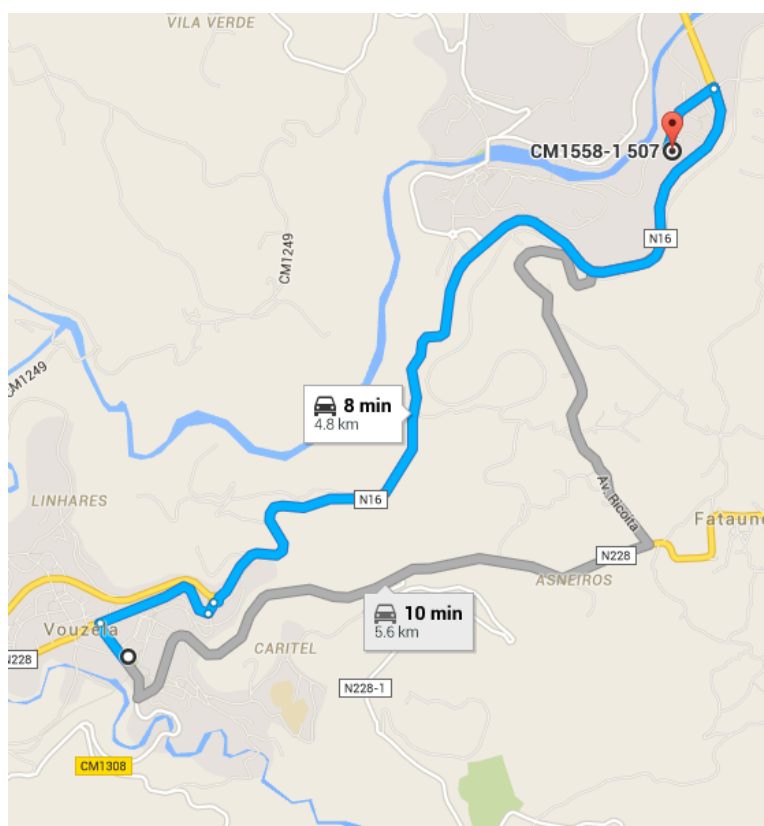
STAGE 3 | SÃO PEDRO DO SUL | VOUZELA APRIL'S 13TH 2017

HOTELS

HOW TO GET THERE:

LATITUDE: 40°43'20.01"N

LONGITUDE: 8° 6'35.42"W



- ↑ Head northwest on Jardim João António Gonçalves Figueiredo/N228 toward Alameda Dom Duarte de Almeida
 - 📍 Continue to follow N228
 - 170 m
- ↘ Turn right onto R. Mousinho de Albuquerque
 - 500 m
- ↙ Turn left toward N16
 - 47 m
- 📍 At the roundabout, take the 1st exit onto N16
 - 3.7 km
- ↙ Turn left onto CM1558-1
 - 📍 Destination will be on the left
 - 300 m

HOTEL MONTE RIO

GPS: 40°44'24.21"N / 8°5'4.34"W

HOTEL INATEL PALACE

GPS: 40° 44 ' 20" N / 8° 05 ' 23" O



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME



PORTUGAL MTB TO BE AWESOME

10.11.12.13.14.15. APRIL 2017 EDITION

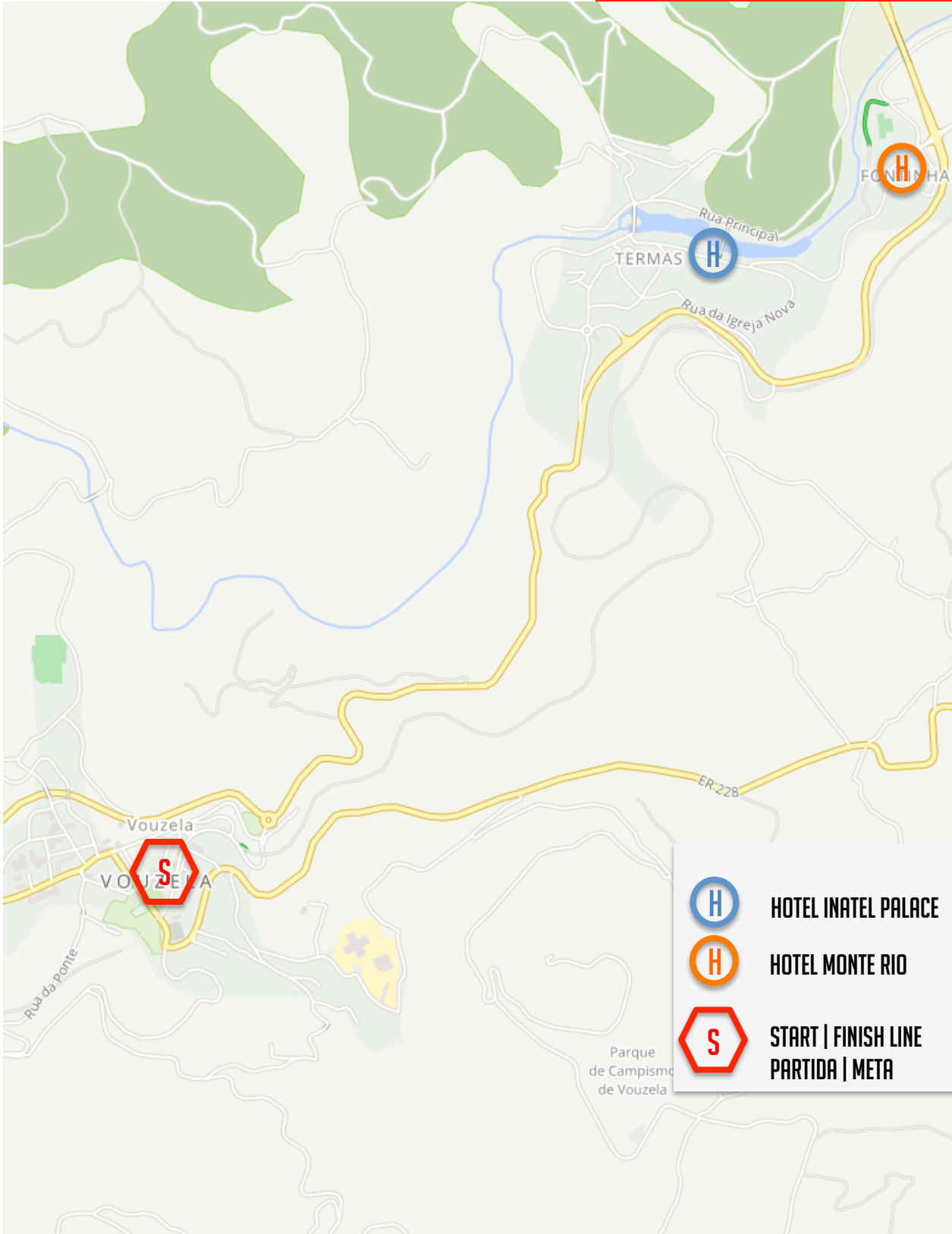
STAGE 4

VOUZELA
APRIL'S 14TH

PORTUGAL MTB TO BE AWESOME



STAGE 4 | VOUZELA APRIL'S 14TH 2017



HOTEL INATEL PALACE



HOTEL MONTE RIO



START | FINISH LINE
PARTIDA | META

PORTUGAL MTB TO BE AWESOME

BOXES

STAGE 4 | VOUZELA APRIL'S 14TH 2017

BOX 1 - JERSEY LIDERS
BOX 2 - ELITES UCI MEN
BOX 3 - ELITES UCI WOMEN
BOX 4 - ELITE OPEN / MASTER 30
BOX 5 - MASTER 40 / 50 / MIXED

PROGRAM

8H00 - BIKE PARK Opening
9H30 - Boxes Opening
9H00 - Stage 4 start
11H30 - Estimated time for the arrival of the first finisher
12H00 - BIKE PARK Opening (Hotel MONTE RIO)
14H00 - Massage Service Opening (Hotel INATEL PALACE)
19H00 - Teams Reunion (Hotel INATEL PALACE)
20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
22H00 - BIKE PARK Foreclosure (Hotel MONTE RIO)
23H00 - Massage Service Foreclosure (Hotel INATEL PALACE)

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of that category.

LOCATIONS

START: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N / 8° 6'34.93"W

FINISH LINE: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N / 8° 6'34.93"W

TEAMS REUNION | DINNER | NEWS ROOM | MASSAGE
HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N / 8° 05 ' 23" O

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE
HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W

DINNERS (Dinner at the hotel where you are staying)
HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W
HOTEL INATEL PALACE - GPS: 40° 44 ' 20" N / 8° 05 ' 23" O



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 4 | VOUZELA APRIL'S 14TH 2017

HOTEL

HOTEL INATEL PALACE

Termas de São Pedro do Sul, 3660-692 Várzea SPS

Tel +351 232 720 200

www.inatel.pt

Email: inatel.spsul@inatel.pt

GPS: 40° 44' 20" N / 8° 05' 23" O

HOTEL MONTE RIO

Várzea, São Pedro do Sul

Tel +351 232 720 040

www.hotelmonterio.com.pt

Email: saopedro@hotelmonterio.com.pt

GPS: 40°44'24.21"N / 8°5'4.34"W

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.

The displacement from the finish line to the hotel is the responsibility of the athlete/team.

BAGS

Given that all the teams stay in the same hotels, the organization no longer carries out the transport of the bags.



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos




PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT




TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

STAGE 4 | VOUZELA APRIL'S 14TH 2017

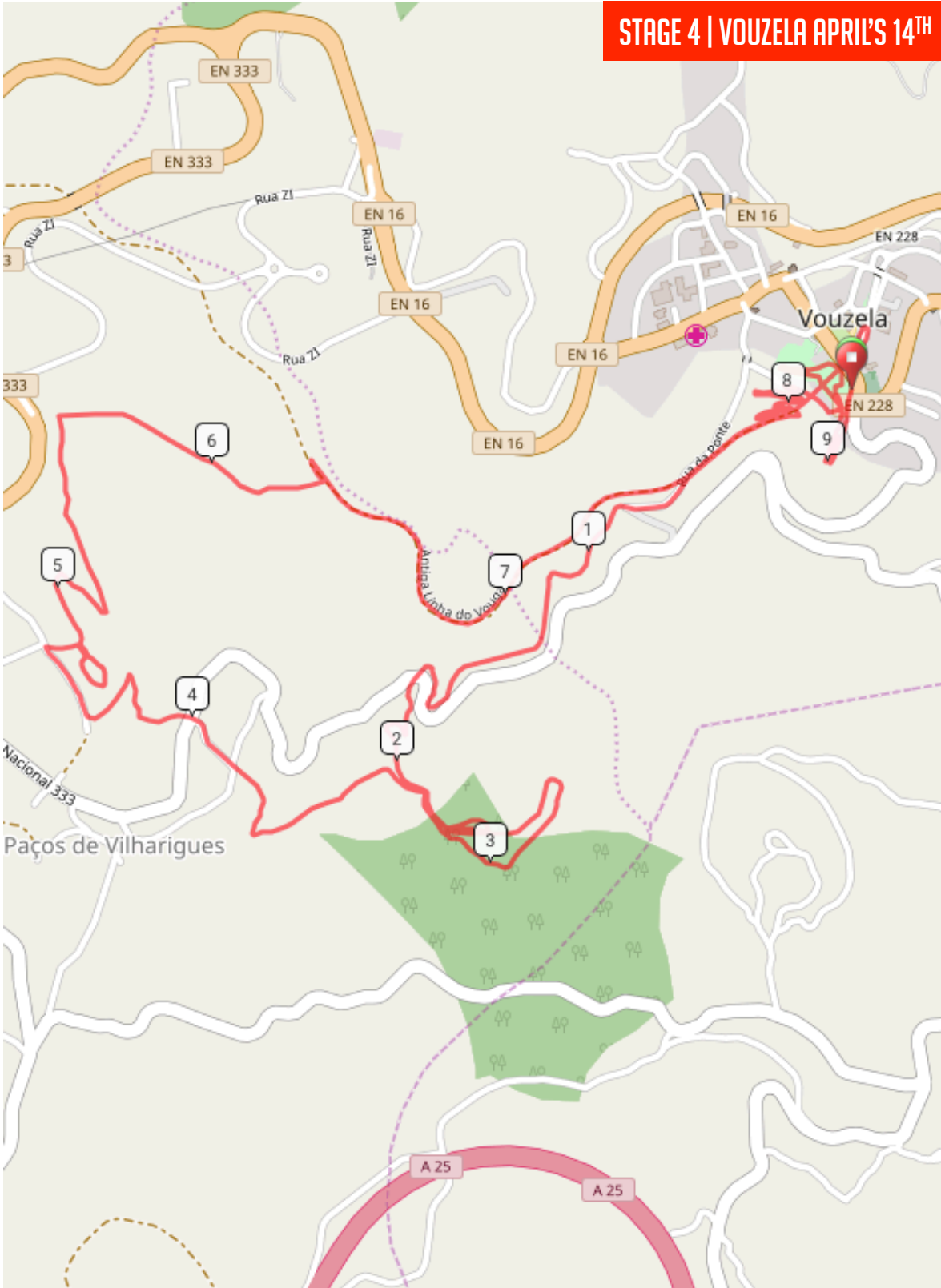


CLIMBING



PORTUGAL MTB TO BE AWESOME

STAGE 4 | VOUZELA APRIL'S 14TH 2017



PORTUGAL MTB TO BE AWESOME 



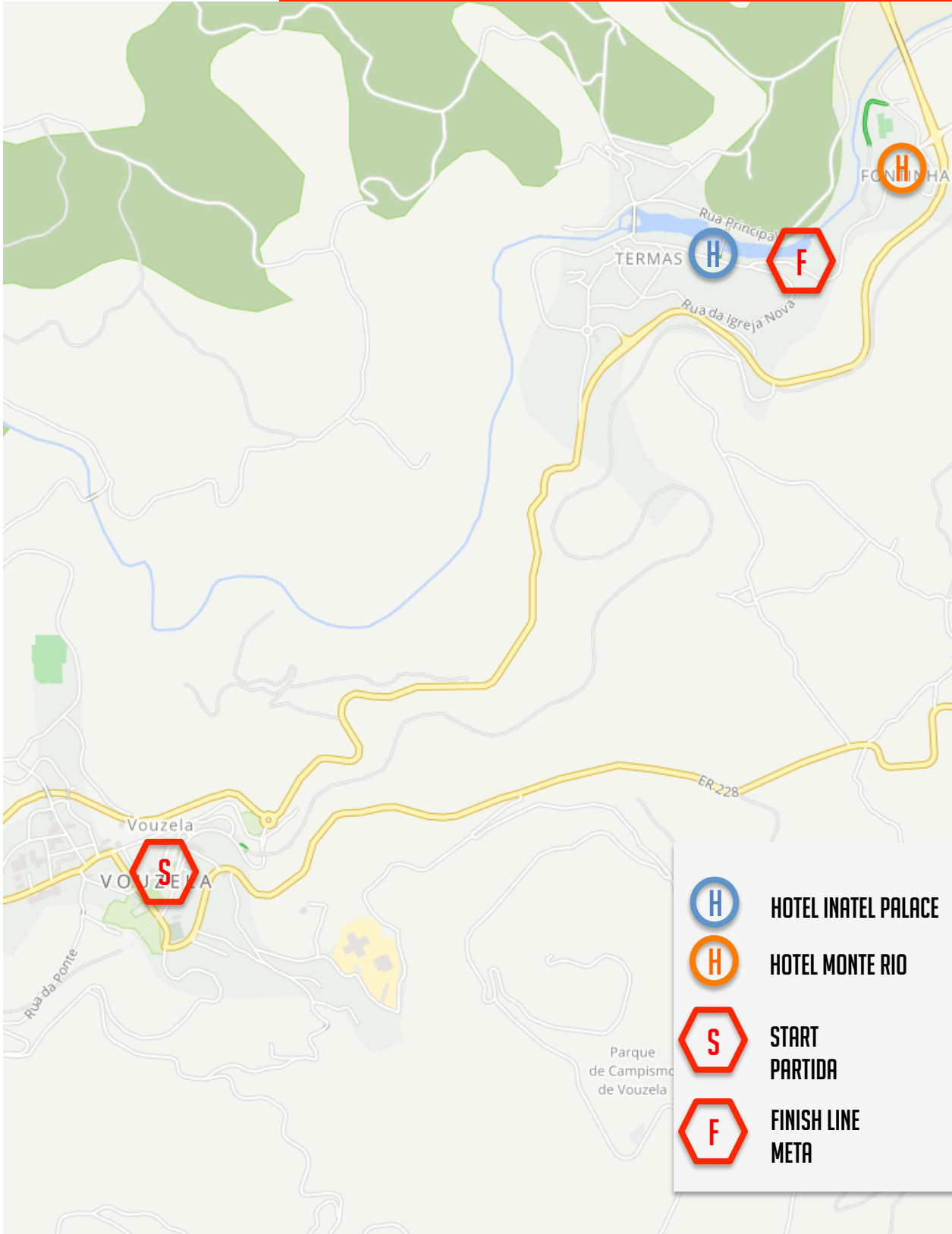
STAGE 5



VOUZELA | TERMAS SÃO PEDRO DO SUL

APRIL'S 15TH

PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017



-  HOTEL INATEL PALACE
-  HOTEL MONTE RIO
-  START PARTIDA
-  FINISH LINE META

PORTUGAL MTB TO BE AWESOME

BOXES

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017

BOX 1 - JERSEY LIDERS
BOX 2 - ELITES UCI MEN
BOX 3 - ELITES UCI WOMEN
BOX 4 - ELITE OPEN / MASTER 30
BOX 5 - MASTER 40 / 50 / MIXED

PROGRAM

7H00 - BIKE PARK Opening
8H30 - Boxes Opening
9H00 - Stage 5 start
12H00 - Estimated time for the arrival of the first finisher
12H00 - BIKE PARK Opening (Hotel MONTE RIO)
14H00 - Massage Service Opening (Hotel INATEL PALACE)
14H00 - Meal and entertainment space
20H00 - Dinner (Hotel INATEL PALACE | Hotel MONTE RIO)
22H00 - BIKE PARK Foreclosure (Hotel MONTE RIO)
23H00 - Massage Service Foreclosure (Hotel INATEL PALACE)

PODIUM: The podiums in each category are performed 10 minutes after the arrival of the 3rd place of that category.

LOCATIONS

START: CÂMARA MUNICIPAL DE VOUZELA - GPS: 40°43'18.57"N / 8° 6'34.93"W

FINISH LINE: TERMAS DE SÃO PEDRO DO SUL - GPS: 40°44'20.86"N / 8° 5'12.23"W

BIKE PARK | WASHING BIKES | MECHANICAL ASSISTENCE

HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W

DINNERS (Dinner at the hotel where you are staying)

HOTEL MONTE RIO - GPS: 40°44'24.21"N / 8°5'4.34"W

HOTEL INATEL PALACE - GPS: 40° 44 ' 20 " N / 8° 05 ' 23 " O



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017

HOTEL

HOTEL INATEL PALACE

Termas de São Pedro do Sul, 3660-692 Várzea SPS

Tel +351 232 720 200

www.inatel.pt

Email: inatel.spsul@inatel.pt

GPS: 40° 44' 20" N / 8° 05' 23" O

HOTEL MONTE RIO

Várzea, São Pedro do Sul

Tel +351 232 720 040

www.hotelmonterio.com.pt

Email: saopedro@hotelmonterio.com.pt

GPS: 40°44'24.21"N / 8°5'4.34"W

START / FINISH / HOTEL

The displacement from the Hotel to the starting area is the responsibility of the athlete/team.

The displacement from the finish line to the hotel is the responsibility of the athlete/team.

BAGS

Given that all the teams stay in the same hotels, the organization no longer carries out the transport of the bags.



Quinta de
Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017

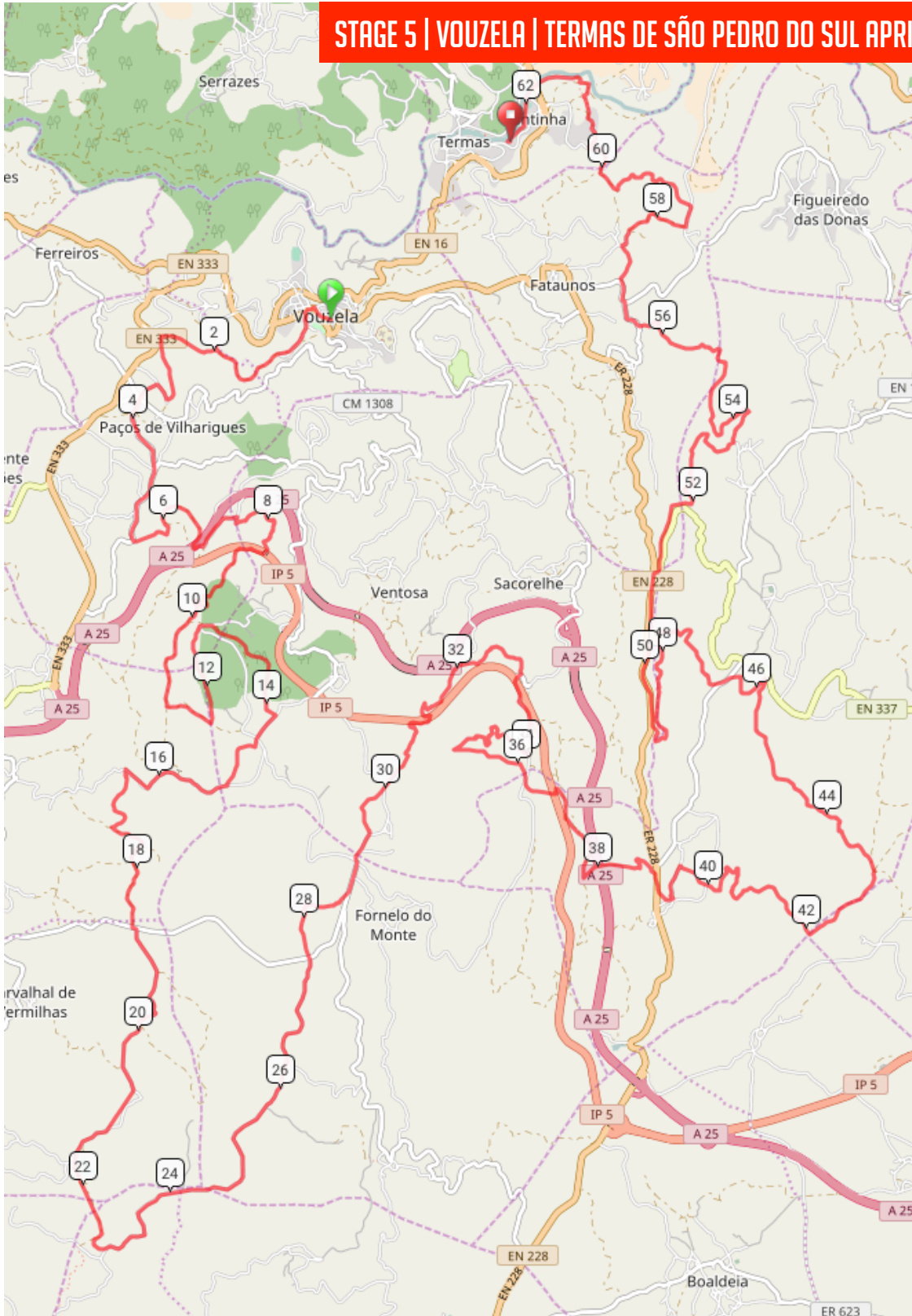


CLIMBING



PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017



PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017

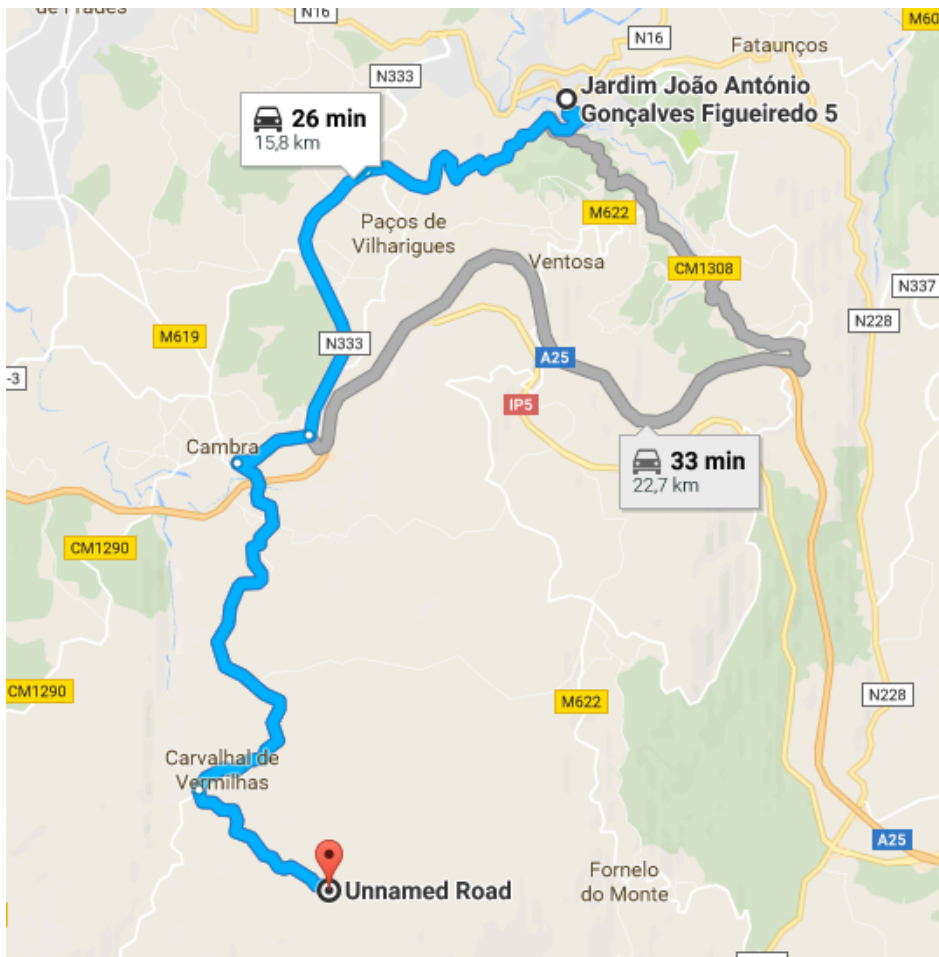
FEED ZONE 1

KM 22

LATITUDE: 40°38'32.05"N

HOW TO GET THERE:

LONGITUDE: 8° 8'27.38"W



Alameda Dom Duarte de Almeida

↑ Head northwest on Jardim João António Gonçalves Figueiredo/N228 toward Alameda Dom Duarte de Almeida

📍 Continue to follow N228

600 m

📍 At the roundabout, take the 3rd exit onto N16

📍 Go through 1 roundabout

1.6 km

↑ Continue onto N333

5.7 km

📍 At the roundabout, take the 1st exit onto CM1291

950 m

↙ Turn left onto EM619

5.3 km

↙ Turn left

2.2 km



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos



PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT



TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017

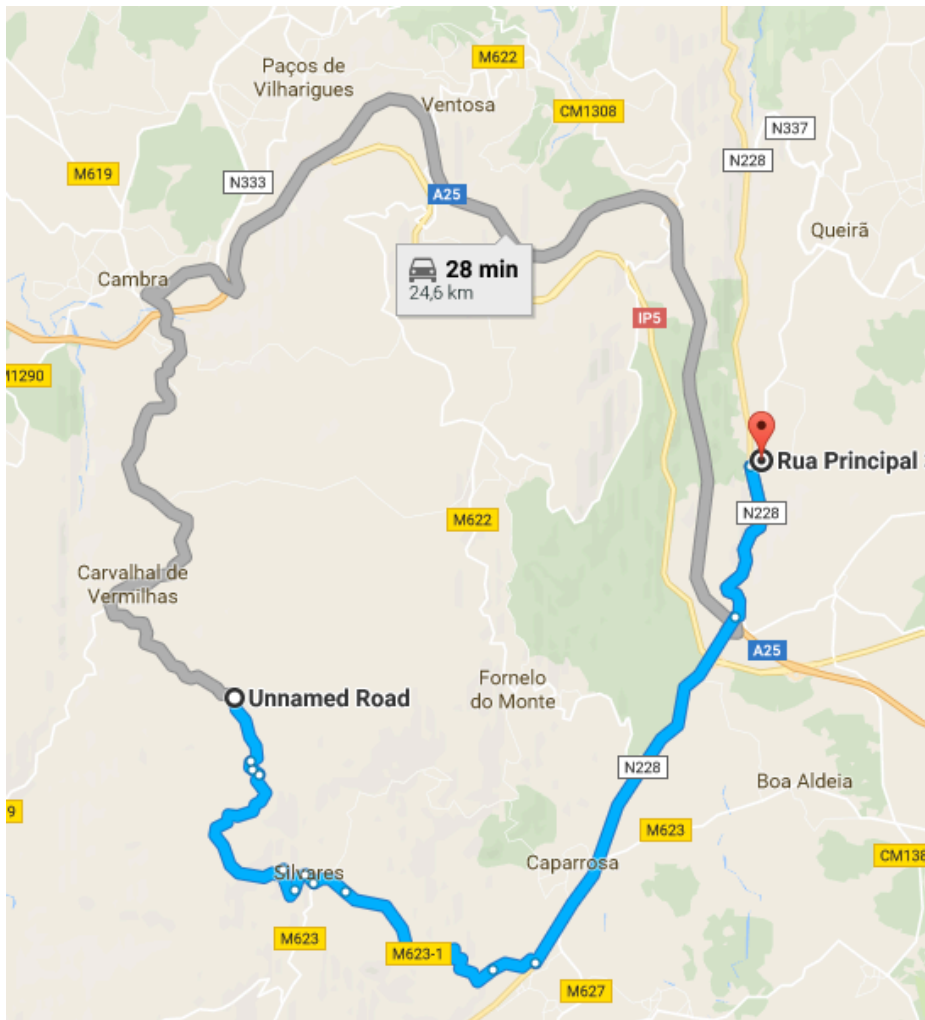
FEED ZONE 2

KM 39

LATITUDE: 40°40'2.90"N

HOW TO GET THERE:

LONGITUDE: 8° 4'1.23"W



- ▼ Continue to Estr. Principal
 11 min (4.3 km)
- ↑ Head southeast
 900 m
- ↶ Turn left
 120 m
- ↷ Slight right
 95 m
- ↷ Turn right
 2.3 km
- ↷ Turn right toward R. Castanheiro do Cabo
 450 m
- ↑ Continue onto R. Castanheiro do Cabo
 260 m
- ↑ Continue onto R. Nossa Sra. de Fátima
 160 m
- > Follow EM623-1 and N228
 14 min (10.7 km)
- ↷ Turn right
 31 s (140 m)



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

STAGE 5 | VOUZELA | TERMAS DE SÃO PEDRO DO SUL APRIL'S 15TH 2017

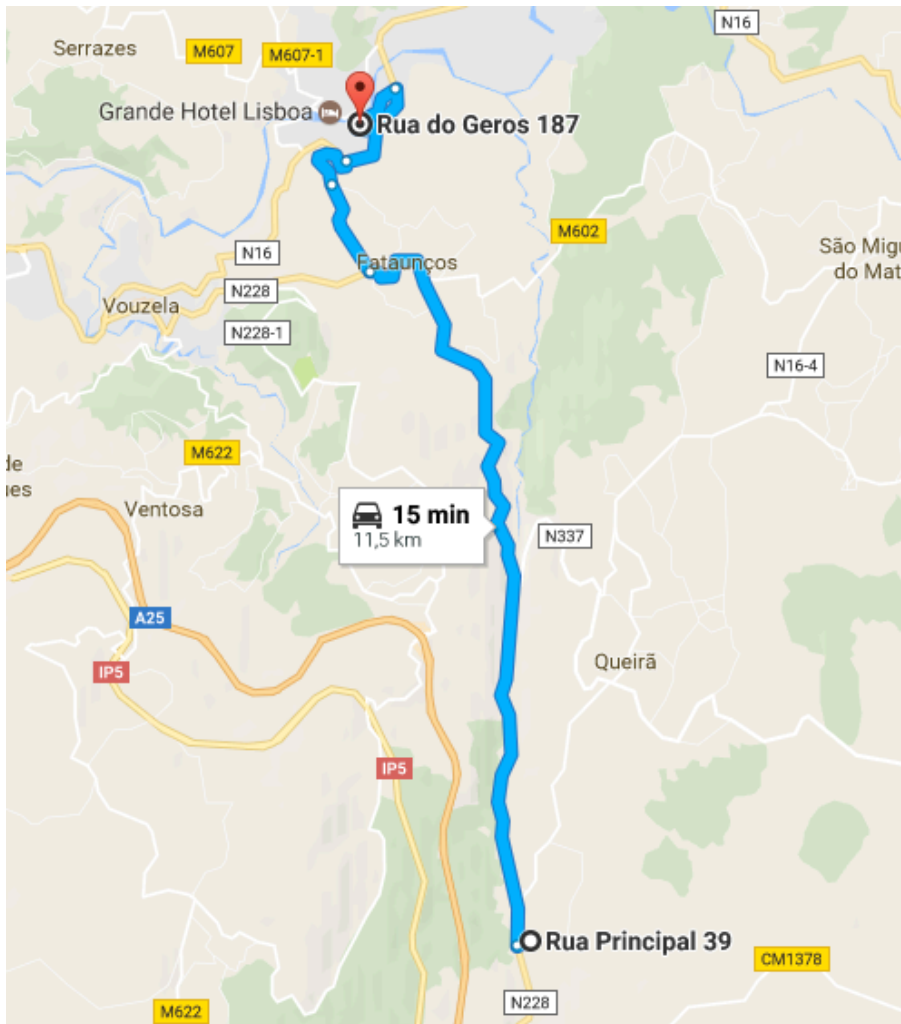
FINISH LINE

KM 62.5

LATITUDE: 40°43'20.01"N

HOW TO GET THERE:

LONGITUDE: 8° 6'35.42"W



R. Principal 39

- ↑ Head west toward Av. São Silvestre/N228
140 m
- Turn right onto Av. São Silvestre/N228
Continue to follow N228
10.4 km
- Turn right onto Jardim João António Gonçalves Figueiredo/N228
Destination will be on the right
150 m



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

INFORMATION – TECHNICAL ASSISTANCE

BIKE WASH SERVICE + MECHANICAL SERVICE
BIKE WASHING · BIKE LUBRICATE · BIKE TUNING

5 DAYS PACK > 50€

SPORADIC UNIT > 12.50€

POWERED BY: **r.s.p.**

THE PARTS/PIECES ASSOCIATED TO REPAIRS WILL BE PAID AS AN EXTRA CHARGE.
SERVICE TO REQUEST WITH THE MECHANICAL TEAM DURING THE EVENT'S WEEK.



- Mechanical services and bike wash services, must be request with the Mechanical Team during the event's week.
- All the parts and pieces associated to repairs will be paid as an extra charge.



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos




PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT




TERMAS CENTRO





END OF STAGES

At the end of the stages, in the place defined in this race book, we will have a space of massages.

- The cost per massage is 15€.
- The access to the massages can be done from 14H00 to 23H00 with 20 minute massage periods.
- É necessário realizar marcação prévia, a combinar com o staff das massagens (inclusive atletas que já requisitaram previamente as massagens).

PORTUGAL MTB TO BE AWESOME

INFORMATION - NUTRITION



BOX CYCLING

enatural

GOLD NUTRITION

4 ACTIVE ELECTROLYTES

GOLD DRINK PREMIUM
CALIFORNIA LEMON
ADVANCED FORMULA

FAST RECOVERY

extreme

ENDURANCE

enatural



GOLDNUTRITION
EXCELLENCE IN SPORTS NUTRITION

Quinta de Lemos 


PEUGEOT
AUTOMARTINAUTO
CONCESSIONÁRIO PEUGEOT


FUNDAÇÃO DO DESPORTO


TERMAS CENTRO



PORTUGAL MTB TO BE AWESOME

TRANSFERS/ SHUTTLES



Shuttles from Airport: Sá Carneiro OPORTO-VISEU / to Airport: SÃO PEDRO SUL-OPORTO:

- Schedule: April's 9th at 14H00 / 21H00; : April's 15th at 23H00; : April's 16th at 08H00.
- The organization is not responsible for possible flight delays. The MAXIMUM waiting time after the selected time is 15 minutes.
- Staff of Portugal MTB TEAM will make the Shuttles duly identified with information plate of the event:



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

TRANSFER/SHUTTLE TO PICK UP THE CAR FROM VISEU TO THE FINAL DESTINATION



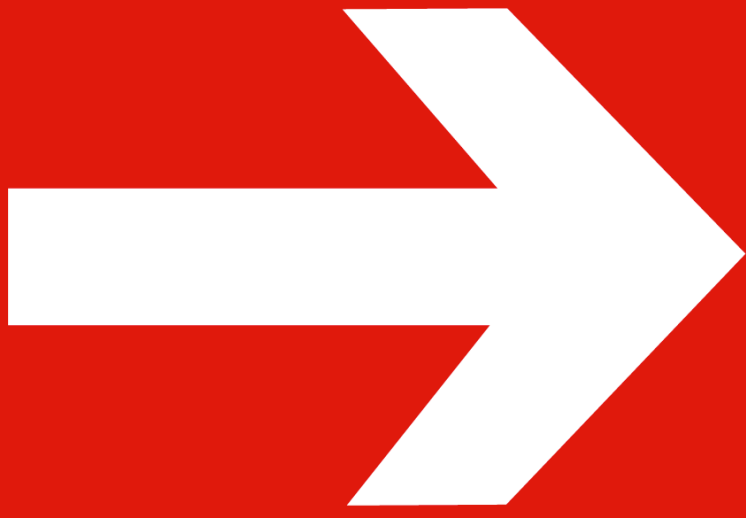
TRANSFER/SHUTTLE TO VISEU

The organization will only have one transfer so the athletes can get the car from Viseu and move it to the last point [hotel] where they will stay.

- The Transfer/Shuttle will be made on the 12th by 17H00.
- LOCATION:
INATEL PALACE
Termas de São Pedro do Sul, 3660-692 Várzea SPS
Tel +351 232 720 200
GPS: 40° 44' 20" N / 8° 05' 23" O
- The Transfer/Shuttle will be from Termas de São Pedro do Sul to Viseu, Place of the beginning of the event.
- All the athletes are advised to leave the car in Viseu to be located in the free car park next to "Pavilhão Multiusos de Viseu".

PORTUGAL MTB TO BE AWESOME

TRACK'S SIGNS



POR FAVOR NÃO RETIRE. OBRIGADO!
+351 963 517 859 | WWW.STOPANDGO.COM.PT

POR FAVOR NÃO RETIRE. OBRIGADO!
+351 963 517 859 | WWW.STOPANDGO.COM.PT



POR FAVOR NÃO RETIRE. OBRIGADO!
+351 963 517 859 | WWW.STOPANDGO.COM.PT

POR FAVOR NÃO RETIRE. OBRIGADO!
+351 963 517 859 | WWW.STOPANDGO.COM.PT



PORTUGAL MTB TO BE AWESOME

TRACK'S SIGNS



Quinta de Lemos



PORTUGAL MTB TO BE AWESOME

CONTROL OF MEALS AND THE BIKE PARK



- Control of the athlete's dinners in the hotels that are housed will be done by a bracelet which will be picked up on the 10th in the Registration's Office.
- All accompanying persons who have requested dinners will also have to go to the Registration's Office to pick up the respective bracelet.
- The bracelet will be placed immediately in the Registration's Office and can only be removed at the end of the event.
- The entry and exit control of both people and bikes from Bike Park will also be done by the same application (wristband).

PORTUGAL MTB TO BE AWESOME

TRANSPORTATION OF CASES AND BICYCLE BOXES



All athletes who need to the bicycle boxes or suitcases to be transported will have to inform the prior to the event or at the event's Registrations Office.
Bags or boxes must be properly identified by these labels provided by the organization and with the respective athlete's number.
The pick up of these identification tags is done at the Registration's Office.

COLLECTION: VISEU HOTELS (VISEU GARDEN, HOTEL DURÃO AND HOTEL JOSÉ ALBERTO)
DELIVERY: BIKE PARK SÃO PEDRO DO SUL - HOTEL MONTE RIO





 **PORTUGALTOURMTB**

WWW.PORTUGALTOURMTB.COM

STOP AND GO

